

# Smokey Beef Cheeseburger & Fries with Truffle Mayo & Caramelised Onion

KID FRIENDLY



Grab your Meal Kit with this symbol









Smoked Paprika

Fine Breadcrumbs





Tomato

Mixed Salad Leaves



**Burger Buns** 

Mayonnaise



**Beef Mince** 

Cheese

**Pantry items** 

Olive Oil, Balsamic Vinegar, Brown Sugar, Egg, White Wine Vinegar

#### Before you start

Remember to wash your hands for 20 seconds before you get cooking.

#### You will need

Oven tray lined with baking paper · Large frying pan with a lid (or foil)

#### Ingradients

4 People refer to method 6 1 (large) 2 tbs 2 tsp
6 1 (large) 2 tbs
1 (large) 2 tbs
2 tbs
2 tsp
1 packet (or 2 packets)
1 sachet
1 packet
½ tsp
2
1 packet (80g)
2
1 medium bag
drizzle
4
2 packets

<sup>\*</sup>Pantry Items

#### **Nutrition**

Avg Qty	Per Serving	Per 100g
Energy (kJ)	4193kJ (1002Cal)	669kJ (160Cal)
Protein (g)	52.5g	8.4g
Fat, total (g)	49.5g	7.9g
- saturated (g)	17.5g	2.8g
Carbohydrate (g)	84.4g	13.5g
- sugars (g)	20g	3.2g
Sodium (mg)	1082mg	173mg

The quantities provided above are averages only.

#### **Allergens**

Always read product labels for the most up-to-date allergen information.

Visit hellofresh.co.nz/foodinfo for allergen and ingredient information. If you have received a substitute ingredient, please be aware allergens may have changed.



#### Bake the fries

- · Preheat oven to 240°C/220°C fan-forced.
- Cut **potato** into fries, then place on a lined oven tray. Season with salt and drizzle with olive oil.
- · Toss to coat, spread out evenly, then bake until tender, 20-25 minutes.

**Little cooks:** Kids can help toss the fries.



#### Caramelise the onion

- Meanwhile, thinly slice onion.
- In a large frying pan, heat a drizzle of olive oil over medium-high heat. Cook onion, stirring, until softened, 5-6 minutes.
- · Add the balsamic vinegar, brown sugar and a splash of water and mix well. Reduce heat to medium and cook until dark and sticky, 3-5 minutes. Transfer to a bowl.



## Make the patties

- · While the onion is cooking, combine beef mince, smoked paprika, fine breadcrumbs (see ingredients), the salt and the egg in a large bowl. Season with **pepper** and mix well.
- Using damp hands, shape beef mixture into evenly sized patties (1 per person), slightly larger than the burger buns.

TIP: Make a shallow indent in the centre of each patty to help prevent it puffing up as it cooks.

**Little cooks:** Join the fun by helping combine the ingredients and shaping the mixture into patties! Make sure to wash your hands after.



# Cook the patties

- · Wipe out the frying pan, then return to medium-high heat with a drizzle of olive oil. When oil is hot, cook beef patties until cooked through, 4-5 minutes each side.
- In the last 1-2 minutes of cook time, sprinkle shredded Cheddar cheese over patties and cover with a lid (or foil) so the cheese melts.



# Heat the burger buns

- Meanwhile, thinly slice tomato.
- In a medium bowl, combine mixed salad leaves, a drizzle of white wine vinegar and olive oil. Season.
- Halve **burger buns**, then bake directly on a wire oven rack until heated through, 2-3 minutes.



### Serve up

- Spread bases of the burger buns with some Italian truffle mayonnaise (see ingredients).
- Top with a beef patty, some caramelised onion, tomato and dressed salad leaves.
- · Serve with fries and any remaining truffle mayo. Enjoy!

Little cooks: Take the lead and help build the burgers!



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