

# Roasted Pork Belly & Cheesy Crushed Potatoes

with Cherry-Currant Sauce & Hazelnut Greens

Grab your Meal Kit with this symbol















Courgette

Roasted Hazelnuts

Lemon



Cavolo Nero





Currants



Cherry Sauce



Slow-Cooked Pork Belly



**Grated Parmesan** 



Peppercorn Sauce

Prep in: 35-45 mins Ready in: 50-60 mins

Luxury comes from those tiny details, so nothing has been overlooked in creating this dish. Instead of a mash, the potato is crushed so the zesty Parmesan can work its way into every chunk. The pork belly is not only seared and roasted but drizzled in a fragrant peppercorn sauce, even the greens haven't been missed with a sprinkling of hazelnuts on top. We've really spoiled your tastebuds tonight.

#### **Pantry items**

Olive Oil, Butter

#### Before you start

Remember to wash your hands for 20 seconds before you get cooking.

You'll also need to give your fruit and veggies a wash.

#### You will need

Oven tray lined with foil  $\cdot$  Medium saucepan  $\cdot$  Large frying pan

#### Ingredients

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	2 People	4 People
olive oil*	refer to method	refer to method
slow-cooked pork belly	1 packet	1 packet
potato	2	4
garlic	3 cloves	6 cloves
lemon	1/2	1
butter*	25g	50g
grated Parmesan cheese	1 packet (30g)	1 packet (60g)
courgette	2	4
cavolo nero kale	1 bunch	1 bunch
roasted hazelnuts	1 packet	2 packets
currants	1 medium packet	1 large packet
cherry sauce	1 medium packet	1 large packet
peppercorn sauce	1 medium packet	2 medium packets

#### \*Pantry Items

#### **Nutrition**

Avg Qty	Per Serving	Per 100g
Energy (kJ)	4250kJ (1016Cal)	627kJ (150Cal)
Protein (g)	48.5g	7.2g
Fat, total (g)	61.1g	9g
- saturated (g)	24g	3.5g
Carbohydrate (g)	67.7g	10g
- sugars (g)	37.6g	5.5g
Sodium (mg)	971mg	143mg

The quantities provided above are averages only.

#### **Allergens**

Always read product labels for the most up-to-date allergen information.

Visit hellofresh.co.nz/foodinfo for allergen and ingredient information. If you have received a substitute ingredient, please be aware allergens may have changed.

#### Fancy a drop?

We recommend pairing this meal with Pinot Noir or Riesling.



# Roast the pork

- Preheat grill to high. Using paper towel, pat dry slow-cooked pork belly and wipe to remove any excess fat.
- Lightly score **pork fat** in a criss-cross pattern. Add a generous pinch of **salt** and rub over.
- Place pork, fat-side up, on a foil-lined oven tray.
  Grill on the top oven rack until fat is golden and crispy, 35-40 minutes. Set aside to rest for 10 minutes.

**TIP:** Keep an eye on your pork. You want it golden and crispy, but not burnt!



## Cook the greens

- While the pork is resting, heat a large frying pan over medium-high heat with a drizzle of olive oil. Cook courgette until tender, 3-4 minutes.
- Add kale and the remaining garlic and cook until fragrant, 1-2 minutes. Season to taste. Set aside.

**TIP:** Add a dash of water to help speed up the cooking process.



#### Make the crushed potatoes

- Meanwhile, bring a medium saucepan of lightly salted water to the boil. Cut **potato** into large chunks. Finely chop **garlic**. Slice **lemon** into wedges.
- Cook potato in the boiling water, over high heat, until easily pierced with a fork, 12-15 minutes.
   Drain potato and set aside.
- Return the saucepan to medium-high heat, add the butter and 1/2 the garlic and cook, stirring, until fragrant, 1 minute.
- Add a generous squeeze of lemon juice, the grated Parmesan cheese and a splash of water and bring to the boil.
- Remove from heat, return **potato** to the pan and toss to coat. Lightly crush **potato** with a fork. Cover to keep warm.



### Get prepped

- While the potato is cooking, thinly slice courgette into half-moons. Roughly chop cavolo nero kale, discarding any larger pieces of stalk. Roughly chop roasted hazelnuts and currants.
- In a small bowl, combine currants, cherry sauce and a squeeze of lemon juice. Season to taste.
   Set aside.



#### Heat the sauce

 Place peppercorn sauce in a heatproof bowl and microwave until steaming, 1-2 minutes.



#### Serve up

- Slice roasted pork belly.
- Divide pork, cheesy crushed potatoes and greens between plates.
- Pour peppercorn sauce over pork.
- Garnish greens with hazelnuts. Serve with cherry-currant sauce and any remaining lemon wedges. Enjoy!



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