

# Pulled Pork & Roasted Cherry Tomato Sub

with Herby Fries, Salad & Hollandaise

Grab your Meal Kit with this symbol









Potato





Herbs

**Tinned Cherry** Tomatoes







Garlic & Herb Seasoning

Tomato Paste





Ciabatta



Salad Leaves

Creamy Salad Dressing



Hollandaise

Garlic Aiol



Pulled Pork

**Grated Parmesan** Cheese

#### **Pantry items**

Olive Oil, Balsamic Vinegar, Butter, Brown Sugar

## Before you start

Remember to wash your hands for 20 seconds before you get cooking.

You'll also need to give your fruit and veggies a wash.

#### You will need

Two oven trays lined with baking paper · Large frying pan

# Ingredients

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	2 People	4 People	
olive oil*	refer to method	refer to method	
potato	2	4	
Italian herbs	1 sachet	1 sachet	
herbs	1 bag	1 bag	
tinned cherry tomatoes	½ tin	1 tin	
balsamic vinegar*	1 tbs	2 tbs	
garlic & herb seasoning	1 sachet	1 sachet	
tomato paste	1 packet	2 packets	
pulled pork	1 packet	1 packet	
butter*	20g	40g	
brown sugar*	½ tbs	1 tbs	
ciabatta	2	4	
pear	1	2	
salad leaves	1 medium bag	1 large bag	
creamy salad dressing	1 medium packet	1 large packet	
grated Parmesan cheese	1 packet (30g)	1 packet (60g)	
Hollandaise	1 packet (50g)	2 packets (100g)	
garlic aioli	1 medium packet	1 large packet	

<sup>\*</sup>Pantry Items

#### **Nutrition**

Avg Qty	Per Serving	Per 100g
Energy (kJ)	4582kJ (1095Cal)	560kJ (133Cal)
Protein (g)	40.6g	5g
Fat, total (g)	53g	6.5g
- saturated (g)	18.2g	2.2g
Carbohydrate (g)	112.3g	13.7g
- sugars (g)	33.8g	4.1g
Sodium (mg)	2576mg	315mg

The quantities provided above are averages only.

## **Allergens**

Always read product labels for the most up-to-date allergen information.

Visit hellofresh.co.nz/foodinfo for allergen and ingredient information. If you have received a substitute ingredient, please be aware allergens may have changed.



#### Bake the fries

- Preheat oven to 240°C/220°C fan-forced.
- Cut potato into fries, then place on a lined oven tray. Drizzle with olive oil, sprinkle with Italian herbs, season with salt and toss to coat.
- Bake until tender, 20-25 minutes.



# Roast the cherry tomatoes

- Meanwhile, pick herb leaves. Drain tinned cherry tomatoes (see ingredients).
- Combine cherry tomatoes, herbs, balsamic vinegar, a pinch of salt and a drizzle of olive oil on a second lined oven tray. Roast until blistered, 15-20 minutes.



# Flavour the pork

- When the fries have 10 minutes remaining, heat a large frying pan over medium-high heat with a drizzle of olive oil.
- Cook garlic & herb seasoning and tomato paste until fragrant, 1 minute.
- Add pulled pork, the butter, brown sugar and a splash of water, breaking up with a spoon, until browned and warmed through, 2-3 minutes.



## Warm the ciabatta

• Meanwhile, bake **ciabatta** directly on a wire oven rack until heated through, **3 minutes**.



## Assemble the salad

- While the ciabatta is toasting, slice **pear** into thin sticks.
- In a large bowl, combine **pear**, **salad leaves**, and a drizzle of **olive oil**.
- Just before serving, add the creamy salad dressing and a drizzle of olive oil. Season with salt and pepper. Toss to coat. Top with grated Parmesan cheese.



## Serve up

- Slice ciabatta in half lengthwise. Spread ciabatta with Hollandaise and fill each sub with pulled pork mixture, salad, roasted cherry tomatoes and herbs.
- Serve with herby fries, **garlic aioli** and any remaining salad and tomatoes. Enjoy!

