



Oven-Ready Cheesy Beef Lasagne

with Pesto-Apple Salad

Grab your Meal Kit with this symbol



Beef Lasagne



Apple



Radish



Salad Leaves



Basil Pesto

Recipe Update

The recent wet and cold weather across New Zealand has impacted our regular supply of fresh ingredients and as such, what you receive may be slightly different to what's pictured. Don't worry, your recipe will be just as delicious!

Prep in: **5-15 mins**
Ready in: **35-45 mins**



Our Heat & Eat recipes come with a fully prepared main that's ready to heat in the oven and fresh sides. That means you can enjoy a deliciously satisfying dinner for the whole family without any extra fuss! Heat up your lasagne and add a peppery yet sweet apple salad and that's it, you're ready to eat!

Pantry items

Olive Oil

Before you start

Remember to wash your hands for 20 seconds before you get cooking.

You'll also need to give your fruit and veggies a wash.

You will need

Oven tray

Ingredients

	2 People	4 People
olive oil*	refer to method	refer to method
beef lasagne	1 packet	2 packets
apple	1	2
radish	2	3
salad leaves	1 small bag	1 medium bag
basil pesto	1 packet (50g)	1 packet (100g)

*Pantry Items

Nutrition

Avg Qty	Per Serving	Per 100g
Energy (kJ)	2675kJ (639Cal)	530kJ (127Cal)
Protein (g)	38.7g	7.7g
Fat, total (g)	33.6g	6.7g
- saturated (g)	10.4g	2.1g
Carbohydrate (g)	50.1g	9.9g
- sugars (g)	10.3g	2g
Sodium (mg)	1202mg	238mg

The quantities provided above are averages only.

Allergens

Always read product labels for the most up-to-date allergen information.

Visit hellofresh.co.nz/foodinfo for allergen and ingredient information. If you have received a substitute ingredient, please be aware allergens may have changed.

1



Heat the lasagne

- Preheat oven to **180°C/160°C fan-forced**.
- Remove plastic film. Place **lasagne** tray on an oven tray, then bake until lasagne is piping hot inside, **40-45 minutes**.

TIP: Using a microwave instead? Poke a few holes in plastic film. Microwave lasagne (in packaging) on high until piping hot inside, 10-12 minutes. Carefully remove from microwave and let stand for 1 minute before peeling back the film.

2



Prep the salad

- When the lasagne has **5 minutes** cook time remaining, thinly slice **apple** into wedges. Thinly slice **radish**.
- In a large bowl, combine **apple, radish, salad leaves, basil pesto** and a drizzle of **olive oil**. Season to taste.

3



Serve up

- Divide lasagne and pesto apple salad between plates. Enjoy!

We're here to help!

Scan here if you have any questions or concerns



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