

OVEN-BAKED BACON & BASIL PESTO RISOTTO

with Parmesan Cheese





Make a hands-off risotto in the oven





Brown Onion

Green Beans









Arborio Rice





Chicken Stock

Parmesan Cheese





Traditional Pesto

Baby Spinach

Hands-on: 25 mins Ready in: 50 mins

Here's something new on the risotto front – a fabulously flavourful combo of bacon and our traditional basil pesto. The risotto is baked in the oven too, leaving you free to relax and unwind while it cooks.

Pantry Staples: Olive Oil, Butter

Our fruit and veggies need a **little wash** first! Along with basic cooking tools, you will use: •large frying pan • medium baking dish



Preheat the oven to 220°C/200°C fanforced. Finely chop the brown onion. Trim the green beans and cut into 2cm pieces. Finely chop the garlic (or use a garlic press). Zest the lemon (see ingredients list) to get a pinch, then slice into wedges. Separate the bacon rashers and roughly chop into 2cm pieces.



2 COOK THE BACON & ONION
In a large frying pan, melt the butter with a drizzle of olive oil over a medium-high heat. Add the onion and bacon and cook, stirring, until the onion has softened and the bacon is starting to brown, 6-7 minutes. Add the garlic and cook until fragrant, 1 minute.



3 ADD THE RICE Add the arborio rice to the pan and stir to coat. Add the water, lemon zest, and crumbled chicken stock and bring to the boil.



BAKE THE RISOTTO

Transfer the risotto mixture to a medium baking dish, cover tightly with foil and bake for 20 minutes. Stir through a splash of water and the green beans, re-cover with foil and return to the oven. Bake until the liquid is absorbed, the green beans are tender and the rice is 'al dente', 5-8 minutes. While the risotto is baking, grate the Parmesan cheese.



BRING EVERYTHING TOGETHER
When the risotto is ready, stir through the
grated Parmesan cheese, traditional pesto,
baby spinach leaves and a squeeze of lemon
juice. Season to taste with salt and pepper.



SERVE UPDivide the bacon and basil pesto risotto between bowls. Serve with any remaining lemon wedges.

ENJOY!

INGREDIENTS

	2P	4P
olive oil*	refer to method	refer to method
brown onion	1	2
green beans	1 bag (100g)	1 bag (200g)
garlic	2 cloves	4 cloves
lemon	1/2	1
bacon	1 packet	1 packet
butter*	20g	40g
arborio rice	1 packet	2 packets
water*	2 cups	4 cups
chicken stock	1 sachet	4 cubes
Parmesan cheese	1 block (25g)	1 block (50g)
traditional pesto	1 packet (50g)	1 packet (100g)
baby spinach leaves	1 bag (60g)	1 bag (120g)

*Pantry Items

NUTRITION	PER SERVING	PER 100G
Energy (kJ)	4050kJ (967Cal)	838kJ (200Cal)
Protein (g)	31.4g	6.5g
Fat, total (g)	52.6g	10.9g
saturated (g)	19.7g	4.1g
Carbohydrate (g)	89.1g	18.5g
- sugars (g)	7.6g	1.6g
Sodium (g)	1570mg	325mg

For allergens and ingredient information, visit **HelloFresh.co.nz/recipes**

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