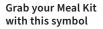


Hoisin Pork & Mushroom Rice Bowl

with Sesame Aioli













Carrot



Button Mushrooms





Hoisin Sauce





Garlic Aioli



Leaves

Coriander

Baby Spinach



Pork Mince





Long Green Chilli (Optional)



Pantry items

Olive Oil, Butter, Soy Sauce, Rice Wine Vinegar (or White Wine Vinegar)

Before you start

Remember to wash your hands for 20 seconds before you get cooking. You'll also need to give your fruit and veggies a wash.

You will need

Medium saucepan with a lid · Large frying pan

Ingredients

ingi calcino			
	2 People	4 People	
olive oil*	refer to method	refer to method	
garlic	4 cloves	8 cloves	
butter*	20g	40g	
jasmine rice	1 packet	1 packet	
water* (for the rice)	1¼ cups	2½ cups	
salt*	1/4 tsp	½ tsp	
carrot	1	2	
button mushrooms	1 packet	1 packet	
hoisin sauce	1 sachet (75g)	2 sachets (150g)	
soy sauce*	2 tbs	1/4 cup	
rice wine vinegar* (or white wine vinegar)	1 tbs	2½ tbs	
water* (for the sauce)	1 tbs	2½ tbs	
sesame oil blend	½ packet	1 packet	
garlic aioli	1 packet (50g)	1 packet (100g)	
water* (for the aioli)	½ tbs	1 tbs	
baby spinach leaves	1 bag (30g)	1 bag (60g)	
pork mince	1 packet	1 packet	
coriander	1 bag	1 bag	
long green chilli (optional)	1/2	1	

 $[\]star$ Pantry Items

Nutrition

Avg Qty	Per Serving	Per 100g
Energy (kJ)	3828kJ (915Cal)	654kJ (156Cal)
Protein (g)	36.6g	6.2g
Fat, total (g)	45g	7.7g
- saturated (g)	12.8g	2.2g
Carbohydrate (g)	90.1g	15.4g
- sugars (g)	18.3g	3.1g
Sodium (mg)	1568mg	268mg

The quantities provided above are averages only.

Allergens

Always read product labels for the most up-to-date allergen information.

Visit hellofresh.co.nz/foodinfo for allergen and ingredient information. If you have received a substitute ingredient, please be aware allergens may have changed.



Cook the garlic rice

Finely chop the **garlic**. In a medium saucepan, melt the **butter** with a dash of **olive oil** over a medium heat. Cook 1/2 the **garlic** until fragrant, **1-2 minutes**. Add the **jasmine rice**, **water (for the rice)** and the **salt**, stir, then bring to the boil. Reduce the heat to low and cover with a lid. Cook for **12 minutes**, then remove from the heat and keep covered until the rice is tender and the water is absorbed, **10-15 minutes**.

TIP: The rice will finish cooking in its own steam so don't peek!



Get prepped

While the rice is cooking, thinly slice the **carrot** into half-moons. Thinly slice the **button mushrooms**.



Prep the sauces

In a small bowl, combine the hoisin sauce, soy sauce, rice wine vinegar, water (for the sauce) and 1/2 the sesame oil blend (see ingredients). In a second small bowl, combine the garlic aioli, water (for the aioli) and the remaining sesame oil blend. Set aside.



Cook the veggies

In a large frying pan, heat a drizzle of **olive oil** over a high heat. Cook the **carrot** and sliced **mushrooms** until tender, **5-6 minutes**. Reduce the heat to medium-high, then add the **baby spinach leaves** and cook until wilted, **1-2 minutes**. Transfer the **veggies** to a bowl.



Cook the pork

Return the frying pan to a medium-high heat with a drizzle of **olive oil**. Cook the **pork mince** and remaining **garlic**, breaking the mince up with a spoon, until browned, **4-5 minutes**. Add the **hoisin sauce mixture** and cook until thickened, **1-2 minutes**. Return the **veggies** to the pan and stir to combine.



Serve up

Roughly chop the **coriander**. Thinly slice the **long green chilli** (if using). Divide the garlic rice between bowls. Top with the hoisin pork and veggies. Garnish with the coriander and chilli. Drizzle over the sesame aioli.

Enjoy!