

your recipe will be just as delicious!

Ham & Cheese Croissant





Grab your Kit

First up!

Wash your hands and any fresh foods before you start.

Ingredients	2 people	
Totara Tasty Cheddar	1 packet	
Croissants	1 packet	
Mayonnaise	1 packet (40g)	
Sliced Ham	1 packet	
*Pantry Items		

Pantry Items

Nutrition Information		
AVG QTY	PER SERVING	PER 100g
Energy (kJ)	3684kJ (880Cal)	1390kJ (332Cal)
Protein (g)	39.3g	14.8g
Fat, total (g)	65.6g	24.8g
- saturated (g)	32.7g	12.3g
Carbohydrate (g)	37.8g	14.3g
- sugars (g) Sodium (g)	8g 1920mg	3g 725mg

The quantities provided above are averages only.

1. Get prepped

Preheat oven to 220°C/200°C fan-forced. Thinly slice Totara Tasty Cheddar. Cut croissants in half horizontally.

2. Bake croissants

Spread croissant bases with mayonnaise and top with Cheddar and sliced ham. Top with croissant tops and place on a baking tray. Bake until cheese is melted, 5-8 minutes

3. Serve up

Divide croissants between plates.

Add a fried egg to your croissant for extra protein.

