

Ham & Cheese Croissant

with Mayonnaise





Grab your Kit

First up!

Wash your hands and any fresh foods before you start.

Ingredients	2 people
Totara Tasty Cheddar	1 packet
Croissants	1 packet
Mayonnaise	1 medium packet
Sliced Ham	1 packet

Nutrition Information		
AVG QTY	PER SERVING	PER 100g
Energy (kJ)	3684kJ (880Cal)	1390kJ (332Cal)
Protein (g)	39.3g	14.8g
Fat, total (g)	65.6g	24.8g
- saturated (g)	32.7g	12.3g
Carbohydrate (g)	37.8g	14.3g
- sugars (g)	8g	3g
Sodium (g)	1920mg	725mg

The quantities provided above are averages only.

1. Get prepped

Preheat oven to 220°C/200°C fan-forced. Thinly slice Totara Tasty Cheddar. Cut croissants in half horizontally.

2. Bake croissants

Spread **croissant** bases with **mayonnaise** and top with **Cheddar** and **sliced ham**. Top with **croissant** tops and place on a baking tray. Bake until cheese is melted, **5-8 minutes**.

3. Serve up

Divide croissants between plates.

Allergens

Always read product labels for the most up-to-date allergen information. Visit tellofresh.co.nz/foodinfo for allergen and ingredient information. If you have received a substitute ingredient, please b aware allergens may have changed.

We're here to help

you have any questions or oncerns, please contact us a ellofresh.co.nz/contact 022 | CW37

