

Cheesy Beef Burger & Peppercorn Aioli with Caramelised Onion & Oven-Baked Fries

Grab your Meal Kit with this symbol

















Black Peppercorns







Aussie Spice



Fine Breadcrumbs

Butter Burger

Buns



Shredded Cheddar



Cheese



Rocket Leaves



Pantry items

Olive Oil, Balsamic Vinegar, Brown Sugar, Egg

Before you start

Remember to wash your hands for 20 seconds before you get cooking. You'll also need to give your fruit and veggies a wash.

You will need

Oven tray lined with baking paper \cdot Large frying pan with a lid (or foil)

Ingredients

| | 3 • • • • • • • • • • • • • • • • • • • | | | |
|----------------------------|--|--------------------|--|--|
| | 2 People | 4 People | | |
| olive oil* | refer to method | refer to method | | |
| potato | 3 | 6 | | |
| red onion | 1 (medium) | 1 (large) | | |
| balsamic vinegar* | 1 tbs | 2 tbs | | |
| water* | ½ tbs | 1 tbs | | |
| brown sugar* | 1 tsp | 2 tsp | | |
| tomato | 1 | 2 | | |
| black peppercorns | ½ sachet | 1 sachet | | |
| garlic aioli | 1 packet (50g) | 1 packet (100g) | | |
| beef mince | 1 packet | 1 packet | | |
| Aussie spice blend | 1 sachet | 1 sachet | | |
| egg* | 1 | 2 | | |
| fine breadcrumbs | 1 packet | 1 packet | | |
| shredded Cheddar cheese | 1 packet (50g) | 1 packet (100g) | | |
| butter burger buns | 2 | 4 | | |
| rocket leaves | 1 bag (30g) | 1 bag (60g) | | |

^{*}Pantry Items

Nutrition

| Avg Qty | Per Serving | Per 100g |
|------------------|-----------------|----------------|
| Energy (kJ) | 4002kJ (956Cal) | 597kJ (142Cal) |
| Protein (g) | 53.4g | 8g |
| Fat, total (g) | 41.4g | 6.2g |
| - saturated (g) | 13.2g | 2g |
| Carbohydrate (g) | 91.1g | 13.6g |
| - sugars (g) | 13.9g | 2.1g |
| Sodium (mg) | 1242mg | 185mg |

The quantities provided above are averages only.

Allergens

Always read product labels for the most up-to-date allergen information.

Visit hellofresh.co.nz/foodinfo for allergen and ingredient information. If you have received a substitute ingredient, please be aware allergens may have changed.



Bake the fries

Preheat the oven to **240°C/220°C fan-forced**. Cut the **potato** into fries and place on a lined oven tray. Season with **salt** and drizzle with **olive oil**. Toss to coat, then bake until tender, **20-25 minutes**.



Caramelise the onion

While the fries are baking, thinly slice the **red onion**. In a large frying pan, heat a drizzle of **olive oil** over a medium heat. Cook the **onion**, stirring, until softened, **5-6 minutes**. Add the **balsamic vinegar**, the **water** and **brown sugar** and mix well. Cook until dark and sticky, **3-5 minutes**. Transfer to a bowl.



Get prepped

While the onion is cooking, thinly slice the **tomato** into rounds. Lightly crush the **black peppercorns** (see ingredients) in a pestle and mortar or in their sachet using a rolling pin. In a small bowl, combine the crushed **peppercorns** and **garlic aioli**. Set aside.



Make the patties

In a large bowl, combine the **beef mince**, **Aussie spice blend**, **egg** and **fine breadcrumbs**. Season with **salt** and **pepper**. Shape the **beef mixture** into evenly sized patties, slightly larger than your burger buns. You should get 1 patty per person.

TIP: Make a shallow indent in the centre of each patty to help prevent it puffing up as it cooks.



Cook the patties

Wipe out the frying pan and return to a mediumhigh heat with a drizzle of **olive oil**. Cook the **beef patties** until just cooked through, **4-5 minutes** each side. In the last **2 minutes** of cook time, sprinkle the **shredded Cheddar cheese** over the patties and cover with a lid (or foil) so the cheese melts. Meanwhile, bake the **butter burger buns** directly on an oven wire rack until heated through, **3 minutes**.



Serve up

Slice the burger buns in half, then spread the bases with some peppercorn aioli. Top with a beef patty, some caramelised onion, tomato and **rocket leaves**. Serve with the oven-baked fries and any remaining peppercorn aioli.

Enjoy!