

EASY BACON CARBONARA

with Spinach Salad





Make a homemade carbonara sauce



Red Onio



Cucumb



Dacan



Spagh



Parmesan Cheese



Cooking Cream



Pine Nuts



Baby Spinach Leaves

Hands-on: 30 mins Ready in: 40 mins Rules were made to be broken, right? And when it comes to cooking, we don't let rules get in the way of a good dish. So, we have gone ahead and added cream, baby spinach and pine nuts to this carbonara and we reckon it's worth any potential controversy!

Pantry Staples: Olive Oil, Eggs, Vinegar (White Wine Or Balsamic), Honey

START

Our fruit and veggies need a little wash before you use them!! You will need: chef's knife, chopping board, large saucepan, colander, two medium bowls, fork, two small bowls and a large frying pan.



■ GET PREPPED Bring a large saucepan of salted water to the boil. * TIP: Putting a lid on the saucepan helps it boil faster! Thinly slice the red onion. Thinly slice the cucumber into half-moons. Cut the bacon into 1cm pieces. Finely grate the Parmesan cheese.



2 COOK THE SPAGHETTI
Add the spaghetti to the saucepan of boiling water and cook for 10 minutes, or until 'al dente'. *TIP: Stir the pasta regularly to ensure it doesn't stick. Drain the pasta reserving 2 cups cooking water, then return the pasta to the saucepan. Drizzle with olive oil to prevent sticking.



MAKE THE CARBONARA SAUCE
While the pasta is cooking, crack the eggs
into a medium bowl and whisk with a fork. Add
the finely grated Parmesan cheese, cooking
cream (see ingredients list) and a generous
pinch of pepper. Mix well and set aside.

TIP: Using more cream will dilute
the flavour.

In a small bowl, combine the **vinegar**, **honey** and **1 tbs** of **olive oil**. Set aside.



COOK THE PINE NUTS & BACON
Heat a large frying pan over a mediumhigh heat. Add the **pine nuts** and toast, stirring, for **3-4 minutes**, or until golden.
Transfer to a small bowl.

Return the pan to a medium-high heat with a drizzle of olive oil. Add the bacon and cook for 7-8 minutes, or until golden. Add the red onion and cook for 3 minutes, or until softened and fragrant.



BRING EVERYTHING TOGETHER
Add the spaghetti to the pan with the bacon and toss to coat. Add 1/2 the baby spinach leaves and stir through until wilted. Remove the pan from the heat and pour in the carbonara sauce and 1/3 cup of the cooking water. *TIP: Removing the pan from the heat before adding the egg is important to stop the eggs from scrambling. Mix well to combine. *TIP: If the sauce looks too thick, add more cooking water until the sauce is creamy and silky. Season to taste with salt and pepper.



SERVE UPDivide the bacon carbonara between bowls. Sprinkle over the toasted pine nuts.

In a medium bowl, combine the cucumber and remaining baby spinach leaves with the honey-vinegar dressing and serve on the side.

ENJOY!

INGREDIENTS

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	4-5P	
olive oil*	refer to method	
red onion	1	
cucumber	1	
bacon	2 packets	
Parmesan cheese	1 block (50 g)	
spaghetti	2 packets	
eggs*	2	
cooking cream	½ tub (150 mL)	
vinegar* (white wine or balsamic)	3 tsp	
honey*	½ tsp	
pine nuts	1 packet	
baby spinach leaves	1 bag (180 g)	

*Pantry Items

NUTRITION	PER SERVING	PER 100G
Energy (kJ)	3830kJ (916Cal)	864kJ (206Cal)
Protein (g)	40.5g	9.1g
Fat, total (g)	46.7g	10.5g
- saturated (g)	18.6g	4.2g
Carbohydrate (g)	82.0g	18.5g
- sugars (g)	9.7g	2.2g
Sodium (g)	1470mg	332mg

For allergens and ingredient information, visit **HelloFresh.com.au/foodinfo**

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