

# Easy Bacon & Mushroom Risotto with Leafy Pear Salad

Grab your Meal Kit with this symbol









Portabello Mushrooms





Arborio Rice

Garlic Paste



Garlic & Herb Seasoning





Diced Bacon



Chicken-Style

Mixed Salad



Cheese

**Pantry items** 

Olive Oil, Butter, Balsamic Vinegar

Prep in: 15-25 mins Ready in: 40-50 mins

Finishing tonight's risotto in the oven means minimal elbow work, and maximum flavour, with the starchy, short grain rice soaking up the flavours from the salty, umami-rich bacon and meaty mushrooms like a treat. Stir through the Parmesan cheese once the risotto is done for a subtly sharp and tangy depth of flavour.

## Before you start

Remember to wash your hands for 20 seconds before you get cooking.

You'll also need to give your fruit and veggies a wash.

### You will need

Large deep frying pan  $\cdot$  Medium or large baking dish

# Ingredients

	2 People	4 People
olive oil*	refer to method	refer to method
leek	1	2
portabello mushrooms	1 packet	1 packet
diced bacon	1 packet	1 packet
garlic paste	1 packet	1 packet
arborio rice	1 packet	1 packet
boiling water*	2 cups	4 cups
garlic & herb seasoning	1 sachet	1 sachet
chicken-style stock powder	1 sachet (5g)	1 sachet (10g)
grated Parmesan cheese	1 packet (30g)	1 packet (60g)
butter*	20g	40g
pear	1/2	1
mixed salad leaves	1 small bag	1 medium bag
balsamic vinegar*	drizzle	drizzle
arborio rice boiling water* garlic & herb seasoning chicken-style stock powder grated Parmesan cheese butter* pear mixed salad leaves balsamic	1 packet 2 cups 1 sachet 1 sachet (5g) 1 packet (30g) 20g ½ 1 small bag	1 packet 4 cups 1 sachet 1 sachet (10g) 1 packet (60g) 40g 1 1 medium bag

<sup>\*</sup>Pantry Items

#### **Nutrition**

Avg Qty	Per Serving	Per 100g
Energy (kJ)	2928kJ (699Cal)	<b>755kJ</b> (180Cal)
Protein (g)	24.6g	6.3g
Fat, total (g)	25.3g	6.5g
- saturated (g)	12.8g	3.3g
Carbohydrate (g)	90.6g	23.4g
- sugars (g)	8.3g	2.1g
Sodium (mg)	1470mg	379mg

The quantities provided above are averages only.

## Allergens

Always read product labels for the most up-to-date allergen information.

Visit hellofresh.co.nz/foodinfo for allergen and ingredient information. If you have received a substitute ingredient, please be aware allergens may have changed.



## Start the risotto

- Preheat oven to 220°C/200°C fan-forced. Boil the kettle. Thinly slice leek and portabello mushrooms.
- In a large deep frying pan, heat a drizzle of olive oil over high heat. Cook mushrooms until slightly softened and browned, 3-4 minutes.
- Add diced bacon and leek, breaking bacon up with a spoon, until starting to brown, 3-4 minutes.
- Add garlic paste and arborio rice and cook, stirring, until fragrant,
   1-2 minutes.



# Make the salad

- While risotto is baking, thinly slice **pear** (see ingredients).
- When the risotto is almost ready, combine mixed salad leaves, pear and a drizzle of balsamic vinegar and olive oil in a large bowl. Toss to coat.
   Season to taste with salt and pepper.



#### Finish the risotto

- Transfer risotto to a baking dish.
- Cover tightly with foil. Bake until liquid is absorbed and rice is 'al dente',
   24-28 minutes.
- When the risotto is done, stir through grated Parmesan cheese and the butter. If needed, add a splash of water to loosen. Season with pepper.

TIP: 'Al dente' rice is cooked through but still slightly firm in the centre.



# Serve up

- Divide bacon and mushroom risotto between bowls.
- · Serve with leafy pear salad. Enjoy!

