

with Parmesan & Garlic Pangrattato

CLIMATE SUPERSTAR



Grab your Meal Kit with this symbol









Button Mushrooms



Tinned Cherry Tomatoes

Spaghetti





Panko Breadcrumbs

Garlic & Herb



Seasoning

Vegetable Stock





Parsley

Cream



Grated Parmesan



The recent wet and cold weather across New Zealand has impacted our regular supply of fresh ingredients and as such, what you receive may be slightly different to what's pictured. Don't worry, your recipe will be just as delicious!

Cheese

Prep in: 20-30 mins Ready in: 30-40 mins

You won't believe the delicious end result of this pasta. Cream and stock infuse the spagnetti with beautiful sauciness and flavour, leaving you with perfect strands of pasta covered in silky mushrooms and caramelised tomatoes.

Pantry items

Olive Oil, Balsamic Vinegar

Before you start

Remember to wash your hands for 20 seconds before you get cooking.

You'll also need to give your fruit and veggies a wash.

You will need

 $\label{eq:medium} \mbox{Medium saucepan} \cdot \mbox{Oven tray lined with baking paper} \cdot \\ \mbox{Large frying pan}$

Ingredients

ingi calcino			
	2 People	4 People	
olive oil*	refer to method	refer to method	
button mushrooms	1 packet	1 packet	
leek	1	2	
tinned cherry tomatoes	1 tin	2 tins	
balsamic vinegar*	½ tbs	1 tbs	
spaghetti	1 packet	1 packet	
garlic	3 cloves	6 cloves	
panko breadcrumbs	½ packet	1 packet	
garlic & herb seasoning	1 sachet	1 sachet	
cream	½ bottle (125ml)	1 bottle (250ml)	
vegetable stock powder	1 medium sachet	1 large sachet	
grated Parmesan cheese	1 packet (30g)	1 packet (60g)	
parsley	1 bag	1 bag	

^{*}Pantry Items

Nutrition

Avg Qty	Per Serving	Per 100g
Energy (kJ)	2896kJ (692Cal)	513kJ (123Cal)
Protein (g)	25.4g	4.5g
Fat, total (g)	20.8g	3.7g
- saturated (g)	4.8g	0.9g
Carbohydrate (g)	92.2g	16.3g
- sugars (g)	15.5g	2.7g
Sodium (mg)	1102mg	195mg

The quantities provided above are averages only.

Allergens

Always read product labels for the most up-to-date allergen information.

Visit hellofresh.co.nz/foodinfo for allergen and ingredient information. If you have received a substitute ingredient, please be aware allergens may have changed.



Roast the tomatoes

- Preheat oven to 220°C/200°C fan-forced. Bring a medium saucepan of salted water to the boil.
- Thinly slice button mushrooms and leek. Drain tinned cherry tomatoes.
- Place **cherry tomatoes** on a lined oven tray. Add the **balsamic vinegar**, a drizzle of **olive oil** and season with **salt** and **pepper**.
- Toss to coat, then roast until caramelised,
 10-12 minutes.

TIP: Reserve the sauce from the cherry tomatoes to use in another meal!



Cook the spaghetti

- Meanwhile, cook spaghetti in the boiling water until 'al dente', 10 minutes.
- Reserve some pasta water (1/2 cup for 2 people / 1 cup for 4 people), then drain spaghetti and return to the pan. Drizzle with olive oil to prevent sticking.

TIP: 'Al dente' pasta is cooked through but still slightly firm in the centre.



Make the garlic pangrattato

- While the spaghetti is cooking, finely chop **garlic**.
- In a large frying pan, heat a drizzle of **olive oil** over medium-high heat.
- Cook panko breadcrumbs (see ingredients) and 1/2 the garlic, stirring occasionally, until fragrant and just toasted, 3-4 minutes. Transfer to a bowl.



Make the creamy sauce

- Return the frying pan to medium-high heat with a drizzle of olive oil. Cook mushrooms and leek until browned and softened, 4-5 minutes.
- Add garlic & herb seasoning and the remaining garlic and cook until fragrant, 1 minute
- Add cream (see ingredients), some reserved
 pasta water (1/4 cup for 2 people / 1/2 cup for
 4 people), vegetable stock powder and 1/2 the
 grated Parmesan cheese.
- Stir to combine, then simmer until reduced slightly, **2-3 minutes**.



Bring it all together

- When the sauce is done, add cooked **spaghetti** and an extra splash of reserved **pasta water** to the sauce, then toss to coat.
- Add the roasted tomatoes and stir through until just wilted, 1-2 minutes. Season to taste.

TIP: Seasoning is key in this dish, so taste and add some more salt or pepper if you like!



Serve up

- Divide creamy mushroom and cherry tomato spaghetti between bowls.
- Sprinkle with garlic pangrattato and remaining Parmesan cheese.
- Tear over **parsley** to serve. Enjoy!

