

# Cheeseburger-Style Beef Loaded Wedges with Caramelised Onion & Burger Sauce

Grab your Meal Kit with this symbol











Carrot



Sweetcorn



**Aussie Spice** 



Tomato Paste





Beef Mince



Cheese

Ready in: 35-45 mins

Prepare for a table full of happy faces when you bring out this crowd-pleasing dish. With potato wedges, gently spiced beef mince, melted cheese and herby mayo, it'll taste almost like your favourite cheeseburger, but we have a feeling that it's going all the way to number one!

#### **Pantry items**

Olive Oil, Balsamic Vinegar, Brown Sugar

### Before you start

Remember to wash your hands for 20 seconds before you get cooking.

You'll also need to give your fruit and veggies a wash.

#### You will need

Oven tray lined with baking paper · Large frying pan

# Ingredients

9		
	2 People	4 People
olive oil*	refer to method	refer to method
potato	2	4
onion	1 (medium)	1 (large)
balsamic vinegar*	1 tbs	2 tbs
brown sugar*	1 tbs	2 tbs
carrot	1	2
sweetcorn	1 tin	1 tin
beef mince	1 packet	1 packet
Aussie spice blend	1 sachet	1 sachet
tomato paste	1 packet	2 packets
water*	½ cup	1 cup
baby spinach leaves	1 small bag	1 medium bag
shredded Cheddar cheese	1 packet (40g)	1 packet (80g)
burger sauce	1 medium packet	1 large packet

<sup>\*</sup>Pantry Items

#### **Nutrition**

Avg Qty	Per Serving	Per 100g
Energy (kJ)	3171kJ (757Cal)	<b>494kJ</b> (118Cal)
Protein (g)	42.1g	6.6g
Fat, total (g)	36.4g	5.7g
- saturated (g)	13.6g	2.1g
Carbohydrate (g)	69.4g	10.8g
- sugars (g)	28.6g	4.5g
Sodium (mg)	1269mg	198mg

The quantities provided above are averages only.

### Allergens

Always read product labels for the most up-to-date allergen information.

Visit hellofresh.co.nz/foodinfo for allergen and ingredient information. If you have received a substitute ingredient, please be aware allergens may have changed.



# Bake the wedges

- Preheat oven to 240°C/220°C fan-forced.
- Cut potato into wedges, then place on a lined oven tray. Season with salt and pepper and drizzle with olive oil. Toss to coat, spread out evenly, then bake until tender, 20-25 minutes.

Little cooks: Help toss the wedges.



## Caramelise the onion

- Meanwhile, thinly slice onion.
- In a large frying pan, heat a drizzle of olive oil over medium-high heat. Cook onion, stirring, until softened, 3-5 minutes.
- Reduce heat to medium, then add the balsamic vinegar, a splash of water and the brown sugar and stir to combine. Cook until dark and sticky,
   3-5 minutes. Transfer to a bowl and set aside.

**Little cooks:** Don your goggles and have a go at peeling off the onion's outer layer!



# Get prepped

• While the onion is cooking, grate **carrot**. Drain the **sweetcorn**.



### Cook the beef

 When the wedges have 10 minutes cook time remaining, return the frying pan to medium-high heat with a drizzle of olive oil. Cook beef mince, carrot and sweetcorn, breaking the mince up with a spoon, until just browned, 4-5 minutes.



# Make it saucy

- Add Aussie spice blend and tomato paste to the pan and cook until fragrant, 1 minute.
- Add the water and cook until slightly reduced,
  1-2 minutes.
- Stir through **baby spinach leaves** and season to taste.



# Serve up

- Divide wedges between plates. Top with cheeseburger-style beef, caramelised onion and shredded Cheddar cheese.
- Dollop over **burger sauce** to serve. Enjoy!

**Little cooks:** Add the finishing touch by sprinkling the cheese on top.

