

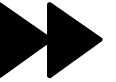


Beef & Cheddar Nachos with Pineapple & Avocado Salsa

FRESH & FAST

Box to plate: 15 mins

Grab your
Fresh & Fast
Meal Kit



Nutrition Per Serving: Energy 4451kJ (1064Cal) | Protein 43g | Fat, total 71.9g - saturated 25.4g | Carbohydrate 58.3g - sugars 23.8g | Sodium 1211mg
Carb Smart | The quantities provided above are averages only.

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2022 | WK48 | U



Get ready

Remember to wash your hands for 20 seconds before you get cooking. You'll also need to give your fruit and veggies a wash.

You'll need

(along with the basics)



Large Frying Pan

From the pantry



Olive Oil

From the cool pouch

	2P	4P
Beef Mince	1 pkt	1 pkt
Shredded Cheddar Cheese	1 pkt (40g)	1 pkt (80g)
Sour Cream	1 medium pkt	1 large pkt

Allergens

Always read product labels for the most up-to-date allergen information. Visit hellofresh.co.nz/foodinfo for allergen and ingredient information. If you have received a substitute ingredient, please be aware allergens may have changed.

1. Sizzle



Beef Mince



Tomato Paste



Mild Caribbean Jerk Seasoning



Baby Spinach Leaves



Shredded Cheddar Cheese

2. Chop



Pineapple Slices



Radish



Lemon



Avocado



Coriander

3. Serve



Corn Chips



Sour Cream

- Heat a frying pan over high heat with a drizzle of **olive oil**
- Cook **beef mince**, breaking up with a spoon, until browned, **4 mins**
- Stir in **tomato paste, seasoning** and **water** (1/4 cup for 2P / 1/2 cup for 4P) until reduced, **1-2 mins**
- Stir through **spinach**. Sprinkle over **cheese** and allow to melt

- Meanwhile, drain and roughly chop **pineapple**. Slice the **radish**. Slice **lemon** into wedges.
- Slice **avocado** in half, scoop out flesh and roughly chop
- In a bowl, combine **pineapple, avocado, radish**, torn **coriander** leaves and a squeeze of **lemon juice**

- Plate up cheesy beef, **corn chips** and salsa
- Serve with **sour cream** and any remaining lemon wedges



Rate your recipe

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