

# Bacon, Lemon & Pesto Penne with Feta & Broccoli









Lemon





Diced Bacon

**Basil Pesto** 



**Baby Spinach** 

Feta

Pantry items

Olive Oil

Hands-on: 15-25 mins Ready in: 25-35 mins

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The only way to improve the age-old family favourite, pesto pasta, is to add some crispy bacon and creamy feta. With so many textures and well-loved flavours, this dish is sure to please the whole table!

# Before you start

Remember to wash your hands for 20 seconds before you get cooking. You'll also need to give your fruit and veggies a wash.

#### You will need

 $\mathsf{Large}\ \mathsf{saucepan}\cdot\mathsf{Large}\ \mathsf{frying}\ \mathsf{pan}$ 

#### Ingredients

	2 People	4 People
olive oil*	refer to method	refer to method
brown onion	1 (medium)	1 (large)
broccoli	1 head	2 heads
lemon	1/2	1
penne	1 packet	2 packets
diced bacon	1 packet	1 packet
basil pesto	1 packet (75g)	1 packet (150g)
baby spinach leaves	<b>1 bag</b> (30g)	<b>1 bag</b> (60g)
salt*	1⁄4 tsp	½ tsp
feta	1 packet (50g)	<b>1 packet</b> (100g)

\*Pantry Items

#### Nutrition

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	Per Serving	Per 100g
Energy (kJ)	3450kJ (824Cal)	813kJ (194Cal)
Protein (g)	32.2g	7.6g
Fat, total (g)	40.4g	9.5g
- saturated (g)	11.2g	2.6g
Carbohydrate (g)	77.3g	18.2g
- sugars (g)	6.9g	1.6g
Sodium (g)	1220mg	288mg

#### Allergens

Always read product labels for the most up-to-date allergen information. Visit **hellofresh.co.nz/foodinfo** for allergen and ingredient information. If you have received a substitute ingredient, please be aware allergens may have changed.



# 1. Get prepped

Bring a large saucepan of salted water to the boil. Thinly slice the **brown onion**. Cut the **broccoli** into small florets, then roughly chop the stalk. Slice the **lemon (see ingredients list)** into wedges.



# 2. Cook the penne & broccoli

Add the **penne** to the saucepan of boiling water and cook for **7 minutes**. Add the **broccoli** and cook until the penne is 'al dente' and the broccoli is just tender, **3 minutes**. Drain the **penne** and **broccoli**.

**TIP:** 'Al dente' means the pasta is cooked through but still has a bit of firmness in the middle.



# 3. Cook the onion & bacon

While the penne is cooking, heat a large frying pan over a medium-high heat with a **drizzle** of **olive oil**. Add the **onion** and **diced bacon** and cook, tossing often, until tender and lightly browned, **5 minutes**.



## 4. Bring it all together

Add the cooked **penne** and **broccoli** to the frying pan with the bacon. Add the **basil pesto**, **baby spinach leaves**, the **salt**, a **pinch** of **pepper** and crumble in **1/2** the **feta**. Toss until well coated and the spinach is slightly wilted.

**TIP:** Tossing some of the feta through the warm pasta will melt the cheese and add a slightly creamy coating to the penne.



### 5. Season to taste

Add a **squeeze** of **lemon juice** to the **pasta** and season to taste with **salt** and **pepper**.

**TIP:** Seasoning is key in this dish. Taste and add more lemon juice, salt or pepper if you think it needs it!



## 6. Serve up

Divide the bacon, lemon and pesto penne between bowls. Crumble over the remaining feta.

## Enjoy!