

# Grilled Pork Sausages & Creamy Potatoes with Asparagus Salad & Charred Onion

GOOD TO BBQ

NEW

















Asparagus



Herbed Pork



Dill & Parsley Mayonnaise

Sausages



Leaves







Prep in: 20-30 mins Ready in: 30-40 mins



Sausages on a barbecue? If that's not a match made in heaven, we don't know what is! Perfectly grilled pork sausage is paired with sweet, slightly crispy charred onions, creating a delicious blend of savoury and caramelised notes. Served hot off the grill, it's an effortless crowd-pleaser that's ideal for backyard gatherings and summer cookouts.

**Pantry items** 

Olive Oil, Balsamic Vinegar

## Before you start

Wash hands and fresh veggies. Avoid cross contamination by washing utensils after handling raw meat/poultry. Always use separate utensils for raw and cooked meat.

If you're cooking for 6, use the 2 people plus 4 people ingredients and cook meat and veggies in batches

#### You will need

 $\label{eq:medium} \mbox{Medium saucepan} \cdot \mbox{BBQ or large frying pan and oven tray} \\ \mbox{lined with baking paper}$ 

# Ingredients

9			
	2 People	4 People	
olive oil*	refer to method	refer to method	
potato	2	4	
chicken-style stock powder	1 medium sachet	1 large sachet	
asparagus	1 bunch	2 bunches	
onion	1/2	1	
herbed pork sausages	1 medium packet	2 medium packets OR 1 large packet	
dill & parsley mayonnaise	1 medium packet	1 large packet	
mixed salad leaves	1 medium packet	1 large packet	
balsamic vinegar*	drizzle	drizzle	

<sup>\*</sup>Pantry Items

#### **Nutrition**

Avg Qty	Per Serving	Per 100g
Energy (kJ)	2893kJ (691Cal)	472kJ (112Cal)
Protein (g)	32.9g	5.4g
Fat, total (g)	38.4g	6.3g
- saturated (g)	8.6g	1.4g
Carbohydrate (g)	75.2g	12.3g
- sugars (g)	30.5g	5g
Sodium (mg)	2586mg	422mg
Dietary Fibre (g)	13.7g	2.2g

The quantities provided above are averages only.

# Allergens

Always read product labels for the most up-to-date allergen information.

Visit hellofresh.co.nz/foodinfo for allergen and ingredient information. If you have received a substitute ingredient, please be aware allergens may have changed.



# Start the potatoes

- · Boil the kettle.
- Cut **potato** into bite-size chunks.
- Half-fill a medium saucepan with boiling water and add a generous pinch of **salt**.
- Cook potato in the boiling water, over high heat, until easily pierced with fork, 12-15 minutes.
   Drain and return to saucepan.
- Add chicken-style stock powder and toss to combine. Set aside to cool slightly.



## Get prepped

- Meanwhile, trim ends of asparagus.
- In a medium bowl, combine asparagus, a drizzle of olive oil and a pinch of salt and pepper.
- Thinly slice onion (see ingredients).
- In a second medium bowl, combine onion, a drizzle of olive oil and a pinch of salt and pepper.



# Barbeque asparagus & onion

- When BBQ is hot, grill onion, tossing occasionally, until tender and slightly charred,
   4-5 minutes.
- Grill asparagus, turning occasionally, until tender, 5-6 minutes.

No BBQ? In a large frying pan, heat a drizzle of olive oil over high heat. Cook onion, tossing occasionally, until tender and lightly charred, 4-5 minutes.

Transfer to a plate. Return frying pan to high heat with a drizzle of olive oil. Cook asparagus, tossing, until tender, 5-6 minutes.



#### Barbeque the sausages

- Brush herbed pork sausages with olive oil.
- Grill sausages, turning occasionally, until cooked through and slightly charred, 10-15 minutes.

No BBQ? Preheat oven to 240°C/220°C fan-forced Place sausages on a lined oven tray, drizzle with olive oil and turn to coat. Bake until cooked through, 12-16 minutes.



## Toss salad & finish potatoes

- To the potatoes, add dill & parsley mayonnaise and toss to combine.
- In a third medium bowl, combine asparagus, mixed salad leaves and a drizzle of balsamic vinegar and olive oil. Season to taste.



## Serve up

- Divide grilled pork sausages, creamy potatoes and asparagus salad between plates.
- Top sausages with charred onion to serve. Enjoy!









If you've chosen to add, swap or upgrade, scan the QR code to see detailed cooking instructions and nutrition information.

