

Creamy Pesto Chicken & Bacon Fettuccine with Almonds & Parmesan Cheese

Grab your meal kit with this number



FAST & FANCY



Prep in: 10-15 mins Ready in: 15-25 mins

1 Eat Me Early

It's one of our favourite pastas, a creamy chicken alfredo. It deserves the best treatment so break out the fancy plates and the atmospheric music for a pasta night that will take your breath away because the bacon and creamy sauce are a real treat for your taste buds.

Pantry items Olive Oil

Before you start

Wash hands and fresh veggies. Avoid cross contamination by washing utensils after handling raw meat/poultry. Always use separate utensils for raw and cooked meat.

If you're cooking for 6, use the 2 people plus 4 people ingredients and cook meat and veggies in batches

You will need

 ${\sf Medium\ saucepan} \cdot {\sf Large\ frying\ pan}$

Ingredients

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	2 People	4 People
olive oil*	refer to method	refer to method
leek	1	2
fresh fettuccine	1 medium packet	1 large packet
slivered almonds	1 packet	2 packets
diced bacon	1 medium packet	2 medium packets OR 1 large packet
diced chicken	1 medium packet	2 medium packets OR 1 large packet
baby leaves	1 medium packet	1 large packet
cream	½ packet	1 packet
garlic paste	1 medium packet	1 large packet
grated Parmesan cheese	1 medium packet	1 large packet
chicken-style stock powder	1 large sachet	2 large sachets
plant-based basil pesto	1 medium packet	2 medium packets
chilli flakes ∮ (optional)	1 pinch	1 pinch

*Pantry Items

Nutrition

Avg Qty	Per Serving	Per 100g
Energy (kJ)	5270kJ (909cal)	909kJ (157cal)
Protein (g)	74.1g	12.8g
Fat, total (g)	62g	10.7g
- saturated (g)	24.8g	4.3g
Carbohydrate (g)	91.9g	15.8g
- sugars (g)	7.9g	1.4g
Sodium (mg)	1775mg	306mg
Dietary Fibre (g)	3.5g	0.6g

The quantities provided above are averages only.

Allergens

Always read product labels for the most up-to-date allergen information. Visit **hellofresh.co.nz/foodinfo** for allergen and ingredient information. If you have received a substitute ingredient, please be aware allergens may have changed.





Get prepped

- Boil the kettle.
- Thinly slice leek.
- Half-fill a medium saucepan with **boiling water** and a generous pinch of **salt**.
- Bring to the boil and cook fresh fettuccine, over high heat, until al dente, 3 minutes. Reserve some pasta water (¼ cup for 2 people / ½ cup for 4 people). Drain.



Start the sauce

- Meanwhile, heat a large frying pan over medium-high heat.
- Toast **almonds**, tossing, until golden, **2-3 minutes**. Transfer to a bowl.
- Return frying pan to high heat with a drizzle of olive oil. When oil is hot, cook diced bacon, chicken and leek, tossing occasionally, until browned and cooked through, 5-6 minutes.
- Add **baby leaves**, and cook until wilted, **1 minute**.

TIP: Chicken is cooked through when it's no longer pink inside.



Finish the sauce

- Reduce frying pan heat to medium heat. Cook **cream (see ingredients)**, **garlic paste**, **grated Parmesan cheese**, **chicken-style stock powder** and a splash of **pasta water**, until slightly thickened, **2-3 minutes**.
- Add **cooked fettuccine** and **plant-based basil pesto** to pan and toss to coat. Season with **pepper**.



Serve up

- Divide creamy pesto chicken and bacon fettuccine between bowls.
- Garnish with toasted almonds and a pinch of chilli flakes (if using) to serve. Enjoy!

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