

with Zingy Corn Salsa & Yoghurt

KID FRIENDLY









Coriander



Sweetcorn





Diced Bacon







Tomato Paste

Mini Flour Tortillas



Shredded Cheddar Cheese

Greek-Style Yoghurt





Recipe Update Due to local availability, we've replaced some of your ingredients. They may be a little different to what's pictured, but just

as delicious!

Prep in: 20-30 mins Ready in: 30-40 mins

The fan-favourite has arrived - the mighty quesadilla. The fragrant beef and bacon filling will entice you to the table, ready to get your hands on these golden goodies. You can add your own fan-fav touch with a corn salsa, zingy and vibrant to help catch everyone's attention.

Pantry items

Olive Oil, Brown Sugar, White Wine Vinegar

Before you start

Wash hands and fresh veggies. Avoid cross contamination by washing utensils after handling raw meat/poultry. Always use separate utensils for raw and cooked meat.

If you're cooking for 6, use the 2 people plus 4 people ingredients and cook meat and veggies in batches

You will need

Large frying pan · Oven tray lined with baking paper

Ingredients

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	2 People	4 People	
olive oil*	refer to method	refer to method	
onion	1	2	
coriander	1 packet	1 packet	
sweetcorn	1 medium tin	2 medium tins	
beef mince	1 medium packet	2 medium packets OR 1 large packet	
diced bacon	1 medium packet	2 medium packets OR 1 large packet	
Tex-Mex spice blend	1 medium sachet	1 large sachet	
tomato paste	1 packet	2 packets	
brown sugar*	1 tsp	2 tsp	
water*	1/4 cup	½ cup	
mini flour tortillas	6	12	
shredded Cheddar cheese	1 medium packet	1 large packet	
white wine vinegar*	drizzle	drizzle	
Greek-style yoghurt	1 medium packet	1 large packet	

^{*}Pantry Items

Nutrition

Avg Qty	Per Serving	Per 100g
Energy (kJ)	3117kJ (744Cal)	514kJ (122Cal)
Protein (g)	38.6g	6.4g
Fat, total (g)	38.5g	6.3g
- saturated (g)	21.2g	3.5g
Carbohydrate (g)	52.3g	8.6g
- sugars (g)	11g	1.8g
Sodium (mg)	1217mg	200mg
Dietary Fibre (g)	10.1g	1.7g

The quantities provided above are averages only.

Allergens

Always read product labels for the most up-to-date allergen information.

Visit hellofresh.co.nz/foodinfo for allergen and ingredient information. If you have received a substitute ingredient, please be aware allergens may have changed.



Get prepped

- Preheat oven to 220°C/200°C fan-forced.
- · Thinly slice onion.
- Roughly chop coriander.
- Drain sweetcorn.



Start the filling

- In a large frying pan, heat a drizzle of olive oil over medium-high heat.
- Cook beef mince, diced bacon and onion, breaking up mince with a spoon, until just browned, 6-7 minutes.

TIP: For best results, drain the oil from the pan before starting step 3.



Finish the filling

- Add Tex-Mex spice blend and tomato paste to the pan and cook, until fragrant, 1 minute.
- Add the brown sugar and water and cook, stirring, until slightly thickened, 1-2 minutes.
 Season to taste.



Bake the quesadillas

- Arrange mini flour tortillas on a lined oven tray.
 Divide beef mixture among tortillas, spooning it onto one half of each tortilla, then top with shredded Cheddar cheese.
- Fold the empty half of each tortilla over to enclose filling and press down with a spatula.
 Brush or spray tortillas with a drizzle of olive oil and season.
- Bake quesadillas until cheese has melted and tortillas are golden, 10-12 minutes. Spoon any overflowing beef filling and cheese back into the quesadillas.

TIP: Place a sheet of baking paper and a second oven tray on top of the quesadillas if they unfold during cooking.



Char the corn

- Meanwhile, wipe out frying pan and return to high heat.
- Cook sweetcorn until lightly browned,
 4-5 minutes. Transfer to a small bowl.
- Add coriander and a drizzle of white wine vinegar and olive oil to the corn. Toss to combine and season to taste.

TIP: Cover the pan with a lid if the corn kernels are 'popping' out.



Serve up

- Divide Tex-Mex beef and bacon quesadillas between plates.
- Top with zingy corn salsa and Greek-style yogurt to serve. Enjoy!











