









Spring Onion





Spice Blend







Mini Flour Tortillas



Shredded Cheddar Cheese

Parsley





Before you start

Wash hands and fresh veggies. Avoid cross contamination by washing utensils after handling raw meat/poultry. Always use separate utensils for raw and cooked meat.

If you're cooking for 6, use the 2 people plus 4 people ingredients and cook meat and veggies in batches

You will need

Large frying pan

Ingredients

9		
	2 People	4 People
olive oil*	refer to method	refer to method
sweetcorn	1 medium tin	2 medium tins
tomato	1	2
spring onion	1 stem	2 stems
white wine vinegar*	drizzle	drizzle
beef & pork mince	1 medium packet	2 medium packets OR 1 large packet
Tex-Mex spice blend	1 medium sachet	1 large sachet
slaw mix	1 medium packet	1 large packet
garlic aioli	½ large packet	1 large packet
mini flour tortillas	6	12
shredded Cheddar cheese	1 medium packet	1 large packet
parsley	1 packet	1 packet

*Pantry Items Nutrition

Avg Qty	Per Serving	Per 100g
Energy (kJ)	3867kJ (924cal)	419kJ (100cal)
Protein (g)	40.9g	4.4g
Fat, total (g)	61.4g	6.6g
- saturated (g)	18.3g	2g
Carbohydrate (g)	52g	5.6g
- sugars (g)	12.6g	1.4g

1503mg

9g

162.8mg

1g

The quantities provided above are averages only.

Allergens

Dietary Fibre (g)

Sodium (mg)

Always read product labels for the most up-to-date allergen information.

Visit hellofresh.co.nz/foodinfo for allergen and ingredient information. If you have received a substitute ingredient, please be aware allergens may have changed.



Make the salsa

- Drain sweetcorn. Roughly chop tomato. Thinly slice spring onion.
- Heat a large frying pan over high heat. Cook sweetcorn until lightly charred,
 5-6 minutes.
- Transfer charred corn to a medium bowl. Add tomato, spring onion and a drizzle of white wine vinegar and olive oil. Season to taste. Toss to combine, then set aside.



Cook the mince

- Return frying pan to medium-high heat with a drizzle of **olive oil**.
- SPICY! This is a mild spice blend, but use less if you're sensitive to heat!
 Cook beef & pork mince and Tex-Mex spice blend, breaking up mince with a spoon, until just browned, 4-5 minutes. Drain excess oil from the pan.



Prep the slaw

- Meanwhile, combine slaw mix and garlic aioli (see ingredients) in a second medium bowl. Season to taste.
- Microwave mini flour tortillas on a plate in 10 second bursts, until warmed through.

Little cooks: Take the lead by tossing the slaw!



Serve up

- Top each tortilla with creamy slaw, Tex-Mex beef and pork, tomato salsa and shredded Cheddar cheese.
- Tear over **parsley** to serve. Enjoy!

Little cooks: Take the lead and help build the tacos!



