

Creamy Mushroom & Rosemary Spaghetti with Cucumber Salad & Parmesan

Grab your meal kit with this number



Prep in: 20-30 mins Ready in: 35-45 mins

Button mushrooms work a treat with aromatic rosemary and a silky, Parmesan-spiked sauce in this crowd-pleasing pasta dish. Serve with a sweet and peppery salad to cut the richness and meet your new go-to vegetarian dish.

Pantry items Olive Oil, Butter, Balsamic Vinegar

Before you start

Wash hands and fresh veggies. Avoid cross contamination by washing utensils after handling raw meat/poultry. Always use separate utensils for raw and cooked meat.

If you're cooking for 6, use the 2 people plus 4 people ingredients and cook meat and veggies in batches

You will need

Large saucepan · Large frying pan

Ingredients

	2 People	4 People
olive oil*	refer to method	refer to method
cucumber	1 (medium)	1 (large)
button mushrooms	1 medium packet	2 medium packets
leek	1	2
garlic	2 cloves	4 cloves
rosemary	2 sticks	4 sticks
spaghetti	¾ packet	1½ packets
butter*	30g	60g
cream	½ packet	1 packet
vegetable stock powder	1 large sachet	2 large sachets
grated Parmesan cheese	1 medium packet	1 large packet
rocket leaves	1 small packet	1 medium packet
balsamic vinegar*	drizzle	drizzle
* Dantry Itoms		

*Pantry Items

Nutrition

Avg Qty	Per Serving	Per 100g
Energy (kJ)	4304kJ (1029cal)	427kJ (102cal)
Protein (g)	23.2g	2.3g
Fat, total (g)	69g	6.8g
- saturated (g)	41.6g	4.1g
Carbohydrate (g)	73.8g	7.3g
- sugars (g)	11.4g	1.1g
Sodium (mg)	1097mg	108.7mg
Dietary Fibre (g)	8.5g	0.8g

The quantities provided above are averages only.

Allergens

Always read product labels for the most up-to-date allergen information.

Visit hellofresh.co.nz/foodinfo for allergen and ingredient information. If you have received a substitute ingredient, please be aware allergens may have changed.



Get prepped

- Bring a large saucepan of salted water to the boil.
- Thinly slice cucumber and button mushrooms.
- Finely chop leek and garlic.
- Pick and roughly chop rosemary (see ingredients).



Cook the pasta

- · Cook spaghetti (see ingredients) in the boiling water until 'al dente', 10 minutes.
- Reserve some **pasta water** (¹/₄ cup for 2 people $/\frac{1}{2}$ cup for 4 people), then drain and return spaghetti to the saucepan. Drizzle with olive oil to prevent sticking.

TIP: 'Al dente' pasta is cooked through but still slightly firm in the centre.



Cook the mushrooms

- Meanwhile, heat a large frying pan over medium high heat with the **butter** and a drizzle of **olive** oil. Cook mushrooms, leek and rosemary, stirring, until tender, 4-5 minutes.
- Add **garlic** and cook, stirring until fragrant, 1 minute.



Make it creamy

 Add cream (see ingredients), vegetable stock powder and reserved pasta water to the mushrooms. Stir to combine and simmer until slightly thickened, 2-3 minutes.



Bring it all together

- Remove pan from heat, then add cooked spaghetti and grated Parmesan cheese. Gently toss to combine, then season with **salt** and pepper to taste.
- In a medium bowl, combine rocket leaves, cucumber and a drizzle of olive oil and balsamic vinegar. Season to taste.



Serve up

- Divide creamy mushroom and rosemary spaghetti between bowls.
- Serve with cucumber salad. Enjoy!

We're here to help! Scan here if you have any questions or concerns 2024 | CW47



ADD DICED BACON

Before cooking sauce, cook diced bacon, breaking up with a spoon, until browned, 4-5 minutes. Continue with recipe.

ADD DICED CHICKEN

Before cooking veggies, cook with a drizzle of olive oil until browned and cooked through, 3-4 minutes. Continue with recipe.

If you've chosen to add, swap or upgrade, scan the QR code to see detailed cooking instructions and nutrition information.

