









Carrot





Mini Flour Tortillas



Mexican Fiesta Spice Blend

Tomato Paste



Shredded Cheddar

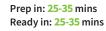


Mayonnaise Cheese









Before you start

Wash hands and fresh veggies. Avoid cross contamination by washing utensils after handling raw meat/poultry. Always use separate utensils for raw and cooked meat.

If you're cooking for 6, use the 2 people plus 4 people ingredients and cook meat and veggies in batches

You will need

Oven tray lined with baking paper \cdot Large frying pan with a lid (or foil)

Ingredients

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	2 People	4 People	
olive oil*	refer to method	refer to method	
tomato	1	2	
cucumber	1 (medium)	1 (large)	
onion	1/2	1	
carrot	1	2	
mini flour tortillas	6	12	
beef mince	1 medium packet	2 medium packets OR 1 large packet	
Mexican Fiesta spice blend 🥖	1 medium sachet	1 large sachet	
tomato paste	1 packet	2 packets	
water*	⅓ cup	⅔ cup	
shredded Cheddar cheese	½ medium packet	1 medium packet	
white wine vinegar*	drizzle	drizzle	
mayonnaise	1 medium packet	1 large packet	

*Pantry Items

Nutrition

Avg Qty	Per Serving	Per 100g
Energy (kJ)	3349kJ (800Cal)	630kJ (150Cal)
Protein (g)	43.7g	8.2g
Fat, total (g)	42.3g	8g
- saturated (g)	17.6g	3.3g
Carbohydrate (g)	55.5g	10.4g
- sugars (g)	12.8g	2.4g
Sodium (mg)	1429mg	269mg
Dietary Fibre (g)	13.4g	2.5g

The quantities provided above are averages only.

Allergens

Always read product labels for the most up-to-date allergen information.

Visit hellofresh.co.nz/foodinfo for allergen and ingredient information. If you have received a substitute ingredient, please be aware allergens may have changed.



Get prepped

- Preheat oven to 200°C/180°C fan-forced.
- Finely chop tomato and cucumber. Thinly slice onion (see ingredients).
 Grate carrot. Slice mini flour tortillas into wedges.
- Arrange tortilla wedges over a lined oven tray. Drizzle with olive oil, then season with salt and pepper.
- Bake for **6-8 minutes** or until golden and crispy.

TIP: Keep an eye on the tortillas. You want them crisp, but not burnt!



Finish the beef mince

- Add tomato paste and the water to the beef and stir to combine. Bring to the boil, then reduce heat to low and simmer until slightly thickened,
 1-2 minutes.
- Sprinkle shredded Cheddar cheese (see ingredients) over the beef mixture, cover with a lid (or foil) and cook until cheese has melted,
 2-3 minutes.

TIP: Don't cook it for too long, you want the nachos to be nice and saucy!



Cook the beef mince

- Meanwhile, heat a large frying pan over medium-high heat with a drizzle of olive oil. Cook onion, stirring, until tender, 4-5 minutes.
- Add beef mince and cook, breaking up with a spoon, until browned,
 3-4 minutes. Drain excess oil from pan.
- SPICY! The spice blend is hot, use less if you're sensitive to heat. Add carrot and Mexican Fiesta spice blend and cook until softened, 2-3 minutes.



Serve up

- Meanwhile, combine tomato, cucumber and a drizzle of white wine vinegar and olive oil in a large bowl. Season to taste.
- Divide tortilla chips between plates and top with Mexican-style beef mixture.
- Top with tomato and cucumber.
- Dollop with **mayonnaise** to serve. Enjoy!



