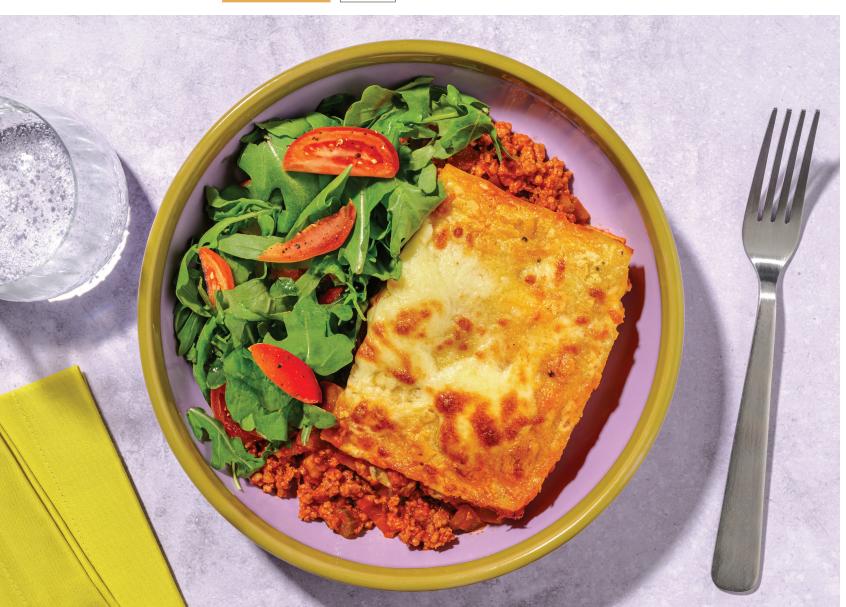


# Pork & Red Wine Lasagne with Fresh Pasta, Homemade Bechamel & Rocket Salad

KIWI FLAVOURS

**NEW** 







Grab your meal kit with this number







Carrot







Aussie Spice

Blend

Pork Mince







Chicken-Style Stock Powder



**Grated Parmesan** 



Shredded Cheddar Cheese



Tomato



Rocket Leaves



**Pantry items** 

Prep in: 25-35 mins Ready in: 50-60 mins

A homemade lasagne is always a treat, you can taste the love that goes into it! This one is packed full of flavourful pork mince in a rich red wine-based ragu. All held together with sheets of delicate pasta and an ooey gooey cheesy bechamel, this dish is sure to be a hit.

## Before you start

Wash hands and fresh veggies. Avoid cross contamination by washing utensils after handling raw meat/poultry. Always use separate utensils for raw and cooked meat.

If you're cooking for 6, use the 2 people plus 4 people ingredients and cook meat and veggies in batches

#### You will need

 $\label{eq:large_problem} \mbox{Large frying pan} \cdot \mbox{Medium saucepan} \cdot \mbox{Medium or Large}$  baking dish

# Ingredients

nigi caroni		
	2 People	4 People
olive oil*	refer to method	refer to method
garlic	2 cloves	4 cloves
celery	1 stalk	2 stalks
carrot	1	2
fresh lasagne sheets	1 medium packet	1 large packet
pork mince	1 medium packet	2 medium packets OR 1 large packet
Aussie spice blend	1 medium sachet	1 large sachet
passata	1 packet	2 packets
red wine jus	1 medium packet	1 large packet
chicken-style stock powder	1 medium sachet	1 large sachet
water*	⅓ cup	½ cup
butter*	40g	80g
plain flour*	2 tbs	1/4 cup
milk*	1 cup	2 cups
grated Parmesan cheese	1 medium packet	1 large packet
shredded Cheddar cheese	1 medium packet	1 large packet
tomato	1	2
rocket leaves	1 small packet	1 medium packet
vinegar* (white wine or balsamic)	drizzle	drizzle

<sup>\*</sup>Pantry Items

#### **Nutrition**

Avg Qty	Per Serving	Per 100g
Energy (kJ)	3705kJ (885Cal)	549kJ (131Cal)
Protein (g)	49.8g	7.4g
Fat, total (g)	47.5g	7g
- saturated (g)	24.2g	3.6g
Carbohydrate (g)	60.6g	9g
- sugars (g)	18.9g	2.8g
Sodium (mg)	1745mg	258mg
Dietary Fibre (g)	6.7g	1g

The quantities provided above are averages only.

### **Allergens**

Always read product labels for the most up-to-date allergen information.

Visit hellofresh.co.nz/foodinfo for allergen and ingredient information. If you have received a substitute ingredient, please be aware allergens may have changed.



Scan here if you have any questions or concerns

**2024** | CW41



# Get prepped

- Preheat oven to 220°C/200°C fan-forced.
- Finely chop garlic and celery. Grate carrot.
- Slice **fresh lasagne sheets** in half widthways.



# Cook the filling

- In a large frying pan, heat a drizzle of olive oil over high heat. Cook pork mince, breaking up with a spoon, until just browned, 3-4 minutes.
- Add celery and carrot and cook until tender,
  6-7 minutes.
- Reduce heat to medium, then add Aussie spice blend and garlic and cook until fragrant, 1 minute.
- Add passata, red wine jus, chicken-style stock powder and the water. Stir to combine and cook until slightly thickened, 1-2 minutes. Season to taste.



# Make the cheesy white sauce

- Heat a medium saucepan over medium heat.
  Add the butter and plain flour and cook,
  stirring, until a thin paste forms, 1 minute.
- Remove pan from heat, then slowly whisk in the milk. Whisk until smooth.
- Stir through grated Parmesan cheese, then season with salt and pepper.



### Assemble the lasagne

- Spoon roughly a quarter of the pork filling into a baking dish, then top with a fresh lasagne sheet and some shredded Cheddar cheese.
   Repeat with remaining filling, lasagne sheets and cheese.
- Finish with a final **lasagne sheet**, then pour over the **cheesy white sauce**.
- Bake **lasagne** until filling is bubbling and top is golden brown, **20-25 minutes**.



### Bring it all together

- Meanwhile, cut tomato into wedges.
- In a large bowl, combine tomato, rocket leaves, a drizzle of vinegar and olive oil. Season to taste.



### Serve up

- Divide pork and red wine lasagne between serving plates.
- Serve with rocket salad. Enjoy!





Before cooking filling, cook diced bacon, breaking up with a spoon, until browned, 4-5 minutes. Continue with recipe.



If you've chosen to add, swap or upgrade, scan the QR code to see detailed cooking instructions and nutrition information.

