# American-Style Beef & Pork Quesadillas with Charred Corn Salsa & Onion Chutney

KID FRIENDLY



Grab your meal kit with this number









Sweetcorn







Courgette





Onion Chutney

All-American Spice Blend





Tomato Paste





Shredded Cheddar

Mayonnaise





**Pantry items** 

Olive Oil, White Wine Vinegar

## Before you start

Wash hands and fresh veggies. Avoid cross contamination by washing utensils after handling raw meat/poultry. Always use separate utensils for raw and cooked meat.

If you're cooking for 6, use the 2 people plus 4 people ingredients and cook meat and veggies in batches

#### You will need

Large frying pan · Oven tray lined with baking paper

### Ingredients

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	2 People	4 People	
olive oil*	refer to method	refer to method	
carrot	1	2	
baby leaves	1 small packet	1 medium packet	
sweetcorn	1 medium tin	1 large tin	
onion	1/2	1	
courgette	1	2	
beef & pork mince	1 medium packet	2 medium packets or 1 large packet	
All-American spice blend	1 medium sachet	1 large sachet	
onion chutney	1 medium packet	1 large packet	
tomato paste	1 packet	2 packets	
mini flour tortillas	6	12	
shredded Cheddar cheese	1 medium packet	1 large packet	
white wine vinegar*	drizzle	drizzle	
mayonnaise	1 medium packet	1 large packet	

## \*Pantry Items

#### **Nutrition**

Avg Qty	Per Serving	Per 100g
Energy (kJ)	3578kJ (855cal)	287kJ (69cal)
Protein (g)	42.1g	3.4g
Fat, total (g)	44.7g	3.6g
- saturated (g)	17.3g	1.4g
Carbohydrate (g)	68.7g	5.5g
- sugars (g)	19.5g	1.6g
Sodium (mg)	1571mg	125.9mg
Dietary Fibre (g)	14.7g	1.2g

The quantities provided above are averages only.

#### Allergens

Always read product labels for the most up-to-date allergen information.

Visit hellofresh.co.nz/foodinfo for allergen and ingredient information. If you have received a substitute ingredient, please be aware allergens may have changed.



### Get prepped

- Preheat oven to 220°C/200°C fan-forced.
- Grate carrot. Roughly chop baby leaves. Drain sweetcorn. Thinly slice onion (see ingredients). Slice courgette into half-moons.
- Heat a large frying pan over high heat. Cook sweetcorn until lightly browned, 4-5 minutes. Transfer to a medium bowl.

TIP: Cover the pan with a lid if the corn kernels are "popping" out.



## Assemble the quesadillas

- · Arrange mini flour tortillas on a lined oven tray. Divide the mince filling between tortillas, spooning it onto one half of each tortilla, then top with shredded Cheddar cheese.
- Fold empty half of each **tortilla** over to enclose the filling and press down with a spatula. Brush or spray with a drizzle of olive oil and season with salt and pepper.
- Bake quesadillas until cheese has melted and tortillas are golden, **10-12 minutes**. Spoon any overflowing **filling** back into the quesadillas.



# Make the filling

- Return the frying pan to high heat with a drizzle of olive oil. Cook beef & pork mince, carrot, onion and courgette, breaking up mince with a spoon, until just browned, 4-5 minutes.
- Add All-American spice blend, onion chutney and tomato paste. Cook, stirring, until fragrant, 1 minute.
- Add a splash of water and cook, stirring, until combined, 1-2 minutes.



## Serve up

- Meanwhile, add baby leaves and a drizzle of white wine vinegar and olive oil to the bowl with charred corn. Toss to combine, then season to taste.
- Divide American-style beef and pork guesadillas between plates. Top with charred corn salsa.
- Serve with mayonnaise. Enjoy!









