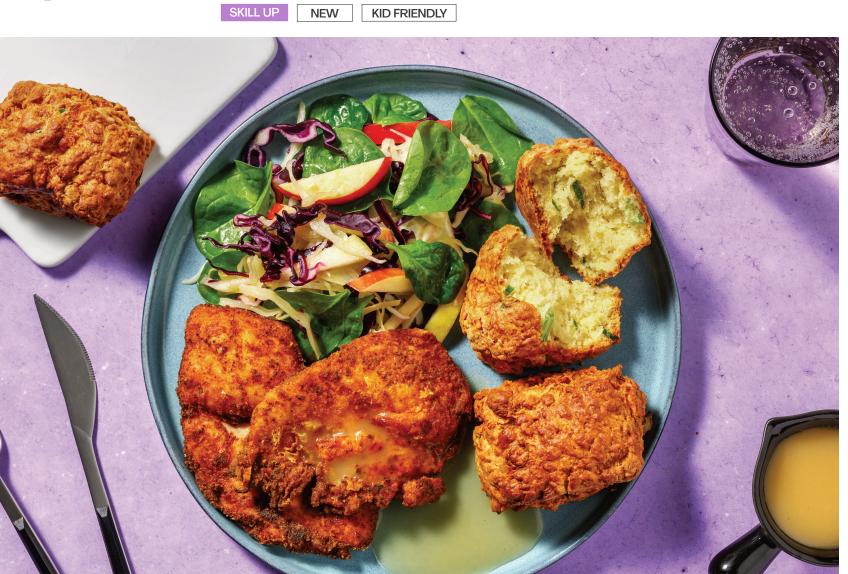
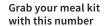


Southern Fried Chicken & Cheddar Biscuits

with Apple Slaw & Gravy







Spring Onion





Chicken Breast





All-American Spice Blend



Basic Sponge



Shredded Cheddar Cheese



Cornflour



Shredded Cabbage





Baby Leaves







Prep in: 25-35 mins Ready in: 35-45 mins



Time to unleash your inner chef! Get ready for a taste of Southern charm with crispy, golden chicken alongside flaky, buttery Southern-style biscuits with spring onion and Cheddar cheese mixed through. This easy dough comes together in minutes, with no kneading required - simply press the dough together to ensure ultimate flakiness. This pairing is a match made in comfort food heaven!

Pantry items

Olive Oil, Butter, Milk, Plain Flour, White Wine Vinegar

Before you start

Wash hands and fresh veggies. Avoid cross contamination by washing utensils after handling raw meat/poultry. Always use separate utensils for raw and cooked meat.

If you're cooking for 6, use the 2 people plus 4 people ingredients and cook meat and veggies in batches

You will need

Oven tray lined with baking paper · Large frying pan

Ingredients

3			
	2 People	4 People	
olive oil*	refer to method	refer to method	
butter*	80g	160g	
spring onion	1 stem	2 stems	
apple	1	2	
chicken breast	1 medium packet	2 medium packets OR 1 large packet	
All-American spice blend	1 medium sachet	1 large sachet	
basic sponge mix	1 medium packet	2 medium packets	
shredded Cheddar cheese	1 medium packet	1 large packet	
milk*	1/4 cup	½ cup	
cornflour	1 packet	2 packets	
plain flour*	1 tbs	2 tbs	
shredded cabbage mix	1 medium packet	1 large packet	
baby leaves	1 small packet	1 medium packet	
white wine vinegar*	drizzle	drizzle	
gravy granules	1 sachet	2 sachets	
boiling water*	½ cup	1 cup	

^{*}Pantry Items

Nutrition

Avg Qty	Per Serving	Per 100g
Energy (kJ)	4772kJ (1141Cal)	855kJ (204Cal)
Protein (g)	60.4g	10.8g
Fat, total (g)	51g	9.1g
- saturated (g)	28.5g	5.1g
Carbohydrate (g)	107.5g	19.3g
- sugars (g)	16.3g	2.9g
Sodium (mg)	2870mg	514mg
Dietary Fibre (g)	6.9g	1.2g

The quantities provided above are averages only.

Allergens

Always read product labels for the most up-to-date allergen information.

Visit hellofresh.co.nz/foodinfo for allergen and ingredient information. If you have received a substitute ingredient, please be aware allergens may have changed.



Get prepped

- Preheat the oven to 220°C/200°C fan-forced.
- Measure the **butter** (80g for 2 people / 160g for 4 people), chop into small cubes and set aside.
- · Thinly slice the spring onion. Thinly slice apple into sticks.
- Place your hand flat on top of chicken breast and slice through horizontally to make two thin
- In a medium bowl, combine All-American spice blend and a drizzle of olive oil. Add chicken and toss to combine. Set aside.



Make the biscuit mix

- · In a large bowl, add the measured butter and basic sponge mix. Using finger tips, rub the butter into the sponge mix, until resembling fine breadcrumbs.
- · Add spring onion, shredded Cheddar cheese, and the milk. Gently mix until the dough comes together.

TIP: Careful not to overmix the dough! TIP: Don't worry if the dough is slightly crumbly, gently press to bring together!



Bake the biscuits

- Tip the **dough** onto a lined oven tray and press into a 12cm x 15cm rectangle, around 3cm thick.
- Cut the **dough** into 6 even rectangles and gently separate. Brush the tops of the scones with a splash of milk.
- Bake until lightly browned, 15-18 minutes.



Cook the chicken

- · Meanwhile, heat a large frying pan over medium-high heat with enough olive oil to cover the base. To the bowl with the chicken, add cornflour and the plain flour and toss to combine.
- When oil is hot, dust off any excess flour from chicken and cook until cooked through, 3-5 minutes each side (cook in batches if your pan is getting crowded).
- Transfer to a paper towel-lined plate.

TIP: Chicken is cooked through when it's no longer pink inside.



Bring it all together

- While the chicken is cooking, boil the kettle.
- In a large bowl, combine shredded cabbage mix, apple, baby leaves, a drizzle of white wine vinegar and olive oil. Season with salt and pepper.
- In a medium heatproof bowl, combine gravy granules and the boiling water (1/2 cup for 2 people / 1 cup for 4 people), whisking, until smooth, 1 minute.



Serve up

- · Divide Southern fried chicken, Cheddar biscuits and apple slaw between plates.
- · Serve with gravy. Enjoy!

TIP: Spread extra butter over the scones to serve if vou want!



SWAP TO CHICKEN THIGH Follow method above, cooking chicken for 14-16 minutes.

SWAP TO CHICKEN DRUMSTICKS

In a baking dish, combine with flavouring. Cover with foil and bake for 20 minutes. Uncover and turn. Bake until cooked through, 20-25 minutes.

If you've chosen to add, swap or upgrade, scan the QR code to see detailed cooking instructions and nutrition information.

