with Parmesan Mash Topping

KID FRIENDLY







Potato





Rosemary





Garlic & Herb

Seasoning

Pork Mince



Tomato Paste

Beef-Style Stock Powder





Worcestershire Sauce

Grated Parmesan

Cheese





Before you start

Wash hands and fresh veggies. Avoid cross contamination by washing utensils after handling raw meat/poultry. Always use separate utensils for raw and cooked meat.

If you're cooking for 6, use the 2 people plus 4 people ingredients and cook meat and veggies in batches

You will need

 $\label{eq:medium} \operatorname{Medium} \operatorname{saucepan} \cdot \operatorname{Large} \operatorname{frying} \operatorname{pan} \cdot \operatorname{Medium} \operatorname{or} \operatorname{large} \\ \operatorname{baking} \operatorname{dish}$

Ingredients

mg. careries			
	2 People	4 People	
olive oil*	refer to method	refer to method	
potato	2	4	
butter*	40g	80g	
milk*	2 tbs	1/4 cup	
baby leaves	1 small packet	1 medium packet	
rosemary	2	4	
soffritto mix	1 medium packet	1 large packet	
pork mince	1 medium packet	2 medium packets OR 1 large packet	
garlic & herb seasoning	1 medium sachet	1 large sachet	
tomato paste	1 packet	2 packets	
beef-style stock powder	1 medium sachet	1 large sachet	
Worcestershire sauce	1 medium packet	1 large packet	
water*	½ cup	1 cup	
grated Parmesan cheese	1 medium packet	1 large packet	

^{*}Pantry Items

Nutrition

Avg Qty	Per Serving	Per 100g
Energy (kJ)	2731kJ (653Cal)	529kJ (126Cal)
Protein (g)	36.1g	7g
Fat, total (g)	34.5g	6.7g
- saturated (g)	18.7g	3.6g
Carbohydrate (g)	48.7g	9.4g
- sugars (g)	28.3g	5.5g
Sodium (mg)	1377mg	267mg
Dietary Fibre (g)	7.1g	1.4g

The quantities provided above are averages only.

Allergens

Always read product labels for the most up-to-date allergen information.

Visit hellofresh.co.nz/foodinfo for allergen and ingredient information. If you have received a substitute ingredient, please be aware allergens may have changed.



Make the mash

- Bring a medium saucepan of salted water to the boil. Peel **potato** and cut into large chunks.
- Cook potato in the boiling water, over high heat, until easily pierced with a fork, 12-15 minutes.
- Drain and return potato to the pan. Add the butter and milk, then season generously with salt. Mash until smooth.

TIP: Save time and get more fibre by leaving the potato unpeeled!

Little cooks: Get those muscles working and help mash the potatoes!



Get prepped

 While the potato is cooking, roughly chop baby leaves. Pick and finely chop rosemary leaves.

TIP: Run your fingers down the rosemary stalk to remove the leaves easily.

Little cooks: Help pick the rosemary leaves from the stems!



Start the pie filling

- In a large frying pan, heat a drizzle of olive oil over high heat. Cook soffritto mix until softened, 4-5 minutes.
- Add **pork mince** and cook, breaking up with a spoon, until just browned, **3-4 minutes**.



Finish the pie filling

- Add garlic & herb seasoning, rosemary and tomato paste and cook, stirring, until fragrant, 1 minute.
- Reduce heat to medium, then add baby leaves, beef-style stock powder, Worcestershire sauce and the water. Stir well to combine and cook until slightly reduced, 2-3 minutes.



Grill the pie

- · Preheat the grill to medium-high.
- Transfer the **pork filling** to a baking dish, then spread the **potato mash** over the top, smoothing out with the back of a spoon.
- Sprinkle over grated Parmesan cheese and grill pie until the cheese is melted and golden,
 7-10 minutes.

Little cooks: Add the finishing touch by sprinkling the cheese on top. Careful the filling is hot!



Serve up

• Divide rustic pork and rosemary pie with Parmesan mash topping between plates. Enjoy!









