

Quick Creamy Bacon & Tomato Orecchiette with Leek & Garlic Pangrattato

NEW

KID FRIENDLY



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Panko Breadcrumbs





Diced Bacon

Orecchiette



Garlic & Herb



Seasoning

Diced Tomatoes With Garlic & Onion







Cream

Vegetable Stock Powder





Before you start

Wash hands and fresh veggies. Avoid cross contamination by washing utensils after handling raw meat/poultry. Always use separate utensils for raw and cooked meat.

If you're cooking for 6, use the 2 people plus 4 people ingredients and cook meat and veggies in batches

You will need

Medium saucepan · Large frying pan

Ingredients

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|--|-----------------|---------------------------------------|--|
| | 2 People | 4 People | |
| olive oil* | refer to method | refer to method | |
| carrot | 1 | 2 | |
| leek | 1 | 2 | |
| garlic | 2 | 4 | |
| panko breadcrumbs | ½ medium packet | 1 medium packet | |
| orecchiette | 1 packet | 2 packets | |
| diced bacon | 1 medium packet | 2 medium packets OR 1 large packet | |
| garlic & herb seasoning | 1 medium sachet | 1 large sachet | |
| diced tomatoes with garlic & onion | 1 packet | 2 packets | |
| brown sugar* | ½ tsp | 1 tsp | |
| cream | ½ packet | 1 packet | |
| vegetable stock powder | 1 medium sachet | 1 large sachet | |

^{*}Pantry Items

Nutrition

| Avg Qty | Per Serving | Per 100g |
|-------------------|-----------------|----------------|
| Energy (kJ) | 3856kJ (922Cal) | 689kJ (165Cal) |
| Protein (g) | 26.9g | 4.8g |
| Fat, total (g) | 42.3g | 7.6g |
| - saturated (g) | 20.7g | 3.7g |
| Carbohydrate (g) | 102.7g | 18.3g |
| - sugars (g) | 24.2g | 4.3g |
| Sodium (mg) | 2093mg | 374mg |
| Dietary Fibre (g) | 10.5g | 1.9g |
| | | |

The quantities provided above are averages only.

Allergens

Always read product labels for the most up-to-date allergen information.

Visit hellofresh.co.nz/foodinfo for allergen and ingredient information. If you have received a substitute ingredient, please be aware allergens may have changed.



Get prepped

- Bring a medium saucepan of salted water to the boil.
- Grate carrot. Thinly slice leek. Finely chop garlic.
- In a large frying pan, heat a drizzle of **olive oil** over medium-high heat. Cook panko breadcrumbs (see ingredients) and garlic, stirring occasionally, until fragrant and just toasted, 3-4 minutes. Season to taste. Transfer to a small bowl.

Little cooks: Older kids can help grate the carrot under adult supervision.



Make the sauce

- Meanwhile, return the frying pan to medium-high heat with a drizzle of **olive** oil. Cook diced bacon, breaking up with a spoon, until golden, 3-4 minutes.
- Add leek and carrot, stirring, until softened, 4-5 minutes.
- Add garlic & herb seasoning, diced tomatoes and the brown sugar, and cook until fragrant, 1-2 minutes.
- Reduce heat to medium, then stir through cream (see ingredients), vegetable stock powder and reserved pasta water. Simmer until slightly reduced, 2-3 minutes.



Cook the pasta

- Cook **orecchiette** in the boiling water, over high heat, until 'al dente',
- Reserve some **pasta water** (3/4 cup for 2 people / 1½ cups for 4 people), then drain **orecchiette** and return to the pan. Drizzle with **olive oil** to prevent sticking.



Serve up

- Add cooked orecchiette to the sauce and stir to combine. Season to taste.
- Divide creamy bacon and tomato orecchiette between bowls.
- Sprinkle over garlic pangrattato to serve. Enjoy!

TIP: Add a splash of pasta water if the sauce looks too dry.









