



Tex-Mex Pulled Pork Enchiladas

with Grilled Cheddar Cheese & Sweetcorn

KID FRIENDLY

CLIMATE SUPERSTAR

Grab your Meal Kit with this symbol



Carrot



Sweetcorn



Tex-Mex Spice Blend



Garlic Paste



Pulled Pork



Baby Leaves



Enchilada Sauce



Mini Flour Tortillas



Shredded Cheddar Cheese



Pulled Pork

Prep in: 15-25 mins
Ready in: 30-40 mins

You're going to fall head over heels for our new pulled pork. Try adding the juicy, tender meat to a saucy filling, rolling it up in tortillas and baking with a cheesy crust. It's enchilada heaven!

CUSTOM RECIPE If you chose to swap, upgrade or add protein, follow the custom recipe steps.

Pantry items

Olive Oil, Butter

Before you start

Wash your hands and any fresh food

If you're cooking for 6, use the 2 people plus 4 people ingredients and cook meat and veggies in batches

You will need

Large frying pan · Medium or large baking dish

Ingredients

	2 People	4 People
olive oil*	refer to method	refer to method
carrot	1	2
sweetcorn	1 medium tin	1 large tin
Tex-Mex spice blend	1 medium sachet	1 large sachet
garlic paste	1 medium packet	2 medium packets
pulled pork	1 medium packet	2 medium packets OR 1 large packet
baby leaves	1 small packet	1 medium packet
enchilada sauce	1 medium packet	2 medium packets
water*	¼ cup	½ cup
butter*	20g	40g
mini flour tortillas	6	12
shredded Cheddar cheese	1 medium packet	1 large packet
pulled pork**	1 medium packet	2 medium packets OR 1 large packet

*Pantry Items **Custom Recipe Ingredient

Nutrition

Avg Qty	Per Serving	Per 100g
Energy (kJ)	3089kJ (738Cal)	675kJ (161Cal)
Protein (g)	31.7g	6.9g
Fat, total (g)	39.9g	8.7g
- saturated (g)	21.7g	4.7g
Carbohydrate (g)	64.4g	14.1g
- sugars (g)	15.2g	3.3g
Sodium (mg)	3062mg	669mg
Dietary Fibre (g)	12.7g	2.8g

Custom Recipe

Avg Qty	Per Serving	Per 100g
Energy (kJ)	3900kJ (932Cal)	700kJ (167Cal)
Protein (g)	47.7g	8.6g
Fat, total (g)	54.9g	9.8g
- saturated (g)	28.7g	5.1g
Carbohydrate (g)	66.4g	11.9g
- sugars (g)	15.2g	2.7g
Sodium (mg)	3812mg	684mg
Dietary fibre (g)	12.7g	2.3g

The quantities provided above are averages only.

Allergens

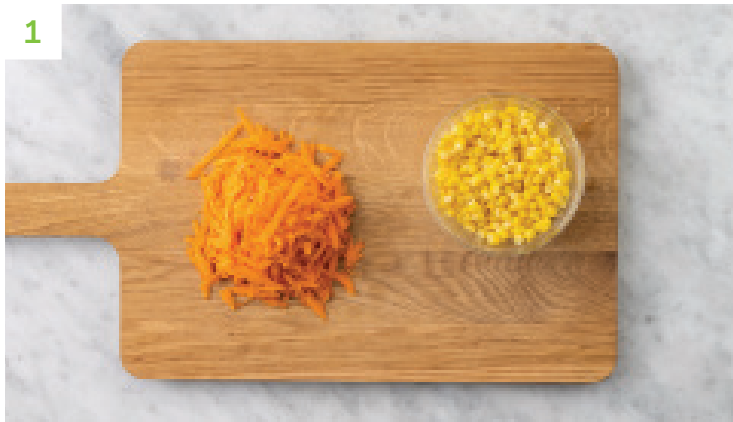
Always read product labels for the most up-to-date allergen information.

Visit hellofresh.co.nz/foodinfo for allergen and ingredient information. If you have received a substitute ingredient, please be aware allergens may have changed.

We're here to help!

Scan here if you have any questions or concerns

2024 | CW18



Get prepped

- Grate **carrot**. Drain **sweetcorn**.



Grill the enchiladas

- Preheat grill to medium-high heat. Grease a baking dish with **olive oil**.
- Lay a **mini flour tortilla** on a flat surface and spoon ¼ cup of **pork filling** down the centre. Roll **tortilla** up tightly and place, seam-side down, in the baking dish. Repeat with remaining **tortillas** and **pork filling**, ensuring they fit together snugly in the baking dish.
- Sprinkle over **shredded Cheddar cheese**.
- Grill **enchiladas** until cheese is melted and tortillas have warmed through, **5-10 minutes**.

Little cooks: Take charge of assembling the enchiladas!



Cook the sauce

- In a large frying pan, heat a drizzle of **olive oil** over medium-high heat. Cook **carrot** and **sweetcorn** until softened, **4-6 minutes**.
- **SPICY!** This is a mild spice blend, but use less if you're sensitive to heat! Add **Tex-Mex seasoning** and **garlic paste** and cook until fragrant, **1-2 minutes**. Add **pulled pork** and cook, breaking up with a spoon, until warmed through, **1-2 minutes**.
- Remove pan from heat, then stir through **baby leaves**, **enchilada sauce**, the **water** and **butter**.

Custom Recipe: If you've doubled your pulled pork, cook in batches for best results.



Serve up

- Divide Tex-Mex pulled pork enchiladas with grilled Cheddar cheese between plates. Enjoy!

Rate your recipe

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