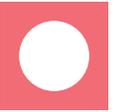




# Bacon, Courgette & Leek Risotto

with Basil Pesto & Garlic Pangrattato

Grab your Meal Kit with this symbol



Leek



Courgette



Garlic



Diced Bacon



Garlic & Herb Seasoning



Risotto-Style Rice



Chicken-Style Stock Powder



Panko Breadcrumbs



Baby Leaves



Basil Pesto



Grated Parmesan Cheese

Prep in: 20-30 mins  
Ready in: 45-55 mins

This risotto is green and keen. Leek, courgette and bacon are coming together to form an unstoppable trio with plenty of flavour from the basil pesto stirred through, with baby leaves and a crunchy garlic pangrattato. We won't keep you any longer, dig in!

### Pantry items

Olive Oil, Butter

## Before you start

Wash your hands and any fresh food

If you're cooking for 6, use the 2 people plus 4 people ingredients and cook meat and veggies in batches

## You will need

Large frying pan · Medium or large baking dish

## Ingredients

	2 People	4 People
<b>olive oil*</b>	refer to method	refer to method
leek	1	2
courgette	1	2
garlic	1 clove	2 cloves
diced bacon	1 medium packet	2 medium packets OR 1 large packet
garlic & herb seasoning	1 medium sachet	1 large sachet
risotto-style rice	1 packet	2 packets
chicken-style stock powder	1 medium sachet	1 large sachet
<b>water*</b>	2 cups	4 cups
panko breadcrumbs	½ medium packet	1 medium packet
baby leaves	1 medium packet	1 large packet
basil pesto	1 medium packet	1 large packet
<b>butter*</b>	20g	40g
grated Parmesan cheese	1 medium packet	1 large packet

\*Pantry Items

## Nutrition

Avg Qty	Per Serving	Per 100g
Energy (kJ)	3531kJ (844Cal)	859kJ (205Cal)
Protein (g)	26.4g	6.4g
Fat, total (g)	40.8g	9.9g
- saturated (g)	15.1g	3.7g
Carbohydrate (g)	92.6g	22.5g
- sugars (g)	7.8g	1.9g
Sodium (mg)	1608mg	391mg

The quantities provided above are averages only.

## Allergens

Always read product labels for the most up-to-date allergen information.

Visit [hellofresh.co.nz/foodinfo](https://hellofresh.co.nz/foodinfo) for allergen and ingredient information. If you have received a substitute ingredient, please be aware allergens may have changed.



## Get prepped

- Preheat oven to **220°C/200°C fan-forced**.
- Thinly slice **leek**. Thinly slice **courgette** into half-moons. Finely chop **garlic**.



## Make the pangratatto

- Meanwhile, wipe out the frying pan, then return to medium-high heat with a drizzle of **olive oil**. Cook **panko breadcrumbs** (see ingredients), stirring, until golden brown, **3 minutes**.
- Add **garlic** and cook until fragrant, **1-2 minutes**. Transfer to a medium bowl and season to taste.



## Start the risotto

- In a large frying pan, heat a drizzle of **olive oil** over medium-high heat. Cook **diced bacon**, **courgette** and **leek**, breaking up with a spoon, until golden, **3-4 minutes**.
- Add **garlic & herb seasoning** and **risotto-style rice**, stirring, until fragrant, **1-2 minutes**.
- Add **chicken-style stock powder** and the **water**. Bring to the boil, then remove from heat.



## Bring it all together

- Remove **risotto** from oven, then stir through **baby leaves**, **basil pesto**, the **butter** and **grated Parmesan cheese**.
- Stir through a splash of **water** to loosen the **risotto** if needed. Season to taste.



## Bake the risotto

- Transfer **risotto** to a baking dish. Cover tightly with foil and bake until liquid is absorbed and rice is 'al dente', **24-28 minutes**.

**TIP:** 'Al dente' rice is cooked through but still slightly firm in the centre.



## Serve up

- Divide bacon, courgette and leek risotto between bowls.
- Top with garlic pangratatto to serve. Enjoy!

## We're here to help!

Scan here if you have any questions or concerns



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