

NEW















Mild Chorizo







Sweetcorn





Mild Chipotle Sauce







Coriander

Sour Cream





Prep in: 20-30 mins Ready in: 25-35 mins

Savour the bold flavours of this flavour-packed rice bowl, where mild chorizo meets smokey chipotle. Paired with fluffy spinach rice and a charred corn salsa, this bowl is a hearty and satisfying combination that is sure to please.

Pantry items

Olive Oil, Butter, Brown Sugar, White Wine Vinegar

Before you start

Wash your hands and any fresh food

If you're cooking for 6, use the 2 people plus 4 people ingredients and cook meat and veggies in batches

You will need

Medium saucepan with lid · Large frying pan

Ingredients

| | 2 People | 4 People |
|------------------------------|-------------------|-------------------|
| olive oil* | refer to method | refer to method |
| butter* | 20g | 40g |
| garlic paste | 1 medium packet | 1 large packet |
| basmati rice | 1 packet | 1 packet |
| water* | 1½ cups | 3 cups |
| mild chorizo | 1 packet | 2 packets |
| cucumber | 1 (medium) | 1 (large) |
| onion | 1/2 (large) | 1 (large) |
| sweetcorn | 1 tin | 1 tin |
| mild chipotle sauce | 1 medium packet | 1 large packet |
| brown sugar* | 1 tsp | 2 tsp |
| white wine vinegar* | drizzle | drizzle |
| baby spinach leaves | 1 small bag | 1 medium bag |
| coriander | ½ bag | 1 bag |
| sour cream | ½ large packet | 1 large packet |
| shredded Cheddar cheese** | 1 packet (40g) | 1 packet (80g) |
| | | |

^{*}Pantry Items **Custom Recipe Ingredient

Nutrition

| Avg Qty | Per Serving | Per 100g |
|------------------|-----------------|----------------|
| Energy (kJ) | 3548kJ (848Cal) | 773kJ (185Cal) |
| Protein (g) | 29.1g | 6.3g |
| Fat, total (g) | 44.5g | 9.7g |
| - saturated (g) | 22.3g | 4.9g |
| Carbohydrate (g) | 80.6g | 17.6g |
| - sugars (g) | 12.8g | 2.8g |
| Sodium (mg) | 1384mg | 301mg |

Custom Recipe

| Avg Qty | Per Serving | Per 100g |
|------------------|-----------------|----------------|
| Energy (kJ) | 3906kJ (934Cal) | 815kJ (195Cal) |
| Protein (g) | 33.8g | 7.1g |
| Fat, total (g) | 52g | 10.9g |
| - saturated (g) | 26.8g | 5.6g |
| Carbohydrate (g) | 80.6g | 16.8g |
| - sugars (g) | 12.8g | 2.7g |
| Sodium (mg) | 1522mg | 318mg |

The quantities provided above are averages only.

Allergens

Always read product labels for the most up-to-date allergen information.

Visit hellofresh.co.nz/foodinfo for allergen and ingredient information. If you have received a substitute ingredient, please be aware allergens may have changed.

We're here to help!

Scan here if you have any questions or concerns

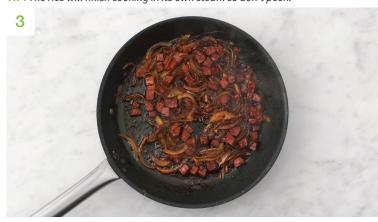
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Cook the garlic rice

- In a medium saucepan, heat the **butter** with a drizzle of **olive oil** over medium heat. Cook garlic paste until fragrant, 1-2 minutes.
- · Add basmati rice, the water and a generous pinch of salt, stir, then bring to the boil. Reduce heat to low and cover with a lid.
- Cook for 10 minutes, then remove from heat and keep covered until rice is tender and water is absorbed, 10 minutes.

TIP: Cover the pan with a lid if the garlic paste starts to spatter! TIP: The rice will finish cooking in its own steam so don't peek!



Cook the chorizo

- · Return the frying pan to medium-high heat with a drizzle of olive oil. Cook chorizo and onion, tossing, until browned and tender, 5-6 minutes.
- Add mild chipotle sauce and the brown sugar, and cook until sticky and caramelised, **1-2 minutes**. Remove pan from heat and cover to keep warm.



Get prepped

- Meanwhile, chop mild chorizo into 1cm chunks. Finely chop cucumber. Thinly slice **onion (see ingredients)**. Drain **sweetcorn**.
- Heat a large frying pan over high heat. Cook **sweetcorn** until lightly browned, 4-5 minutes. Transfer to a medium bowl.

TIP: Cover the pan with a lid if the corn kernels are "popping" out.



Serve up

- Add cucumber to the charred corn, along with a a drizzle of white wine **vinegar** and olive oil. Season to taste.
- Stir baby spinach leaves through rice until wilted.
- Divide spinach rice between bowls. Top with chorizo and charred corn salsa.
- Tear coriander over to garnish. Serve with sour cream (see ingredients). Enjoy!

Custom Recipe: Divide rice between bowls. Top with chorizo, charred corn salsa and shredded Cheddar cheese.



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