

Tex-Mex Beef & Bacon Quesadillas

with Zingy Corn Salsa & Yoghurt

HALL OF FAME

KID FRIENDLY



Grab your Meal Kit with this symbol











Herbs











Tex-Mex Spice Blend



Tinned Tomatoes





Mini Flour Tortillas

Cheese





Greek-Style

Yoghurt

Prep in: 20-30 mins Ready in: 30-40 mins The fan-favourite has arrived - the mighty quesadilla. The fragrant beef and bacon filling will entice you to the table, ready to get your hands on these golden goodies. You can add your own fan-fav touch with a corn salsa, zingy and vibrant to help catch everyone's attention.

Pantry items

Olive Oil, Brown Sugar, White Wine Vinegar

Before you start

Wash your hands and any fresh food

If you're cooking for 6, use the 2 people plus 4 people ingredients and cook meat and veggies in batches

You will need

Large frying pan · Oven tray lined with baking paper

Ingredients

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	2 People	4 People	
olive oil*	refer to method	refer to method	
carrot	1	2	
celery	1 stalk	2 stalks	
herbs	½ bag	1 bag	
sweetcorn	1 tin	1 tin	
beef mince	1 small packet	2 small packets OR 1 large packet	
diced bacon	1 packet	1 packet	
Tex-Mex spice blend	1 medium sachet	1 large sachet	
tinned tomatoes	1 packet	2 packets	
brown sugar*	1 tsp	2 tsp	
water*	1/4 cup	½ cup	
mini flour tortillas	6	12	
shredded Cheddar cheese	1 packet (40g)	1 packet (80g)	
white wine vinegar*	drizzle	drizzle	
Greek-style yoghurt	1 medium packet	1 large packet	
shredded Cheddar cheese**	1 packet (40g)	1 packet (80g)	

^{*}Pantry Items **Custom Recipe Ingredient

Nutrition

Avg Qty	Per Serving	Per 100g
Energy (kJ)	3987kJ (953Cal)	734kJ (175Cal)
Protein (g)	54.7g	10.1g
Fat, total (g)	53.2g	9.8g
- saturated (g)	22.9g	4.2g
Carbohydrate (g)	60.3g	11.1g
- sugars (g)	16.2g	3g
Sodium (mg)	1896mg	349mg
Custom Recipe		

Avg Qty	Per Serving	Per 100g
Energy (kJ)	4345kJ (1038Cal)	771kJ (184Cal)
Protein (g)	59.4g	10.5g
Fat, total (g)	60.6g	10.8g
- saturated (g)	27.4g	4.9g
Carbohydrate (g)	60.3g	10.7g
- sugars (g)	16.2g	2.9g
Sodium (mg)	2034mg	361mg

The quantities provided above are averages only.

Allergens

Always read product labels for the most up-to-date allergen information.

Visit hellofresh.co.nz/foodinfo for allergen and ingredient information. If you have received a substitute ingredient, please be aware allergens may have changed.

We're here to help!

Scan here if you have any questions or concerns

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Get prepped

- Preheat oven to 220°C/200°C fan-forced.
- Grate carrot. Finely chop celery. Roughly chop herbs. Drain sweetcorn.



Start the filling

 In a large frying pan, heat a drizzle of olive oil over medium-high heat. Cook beef mince, diced bacon, carrot and celery, breaking up mince with a spoon, until just browned, 6-7 minutes.

TIP: For best results, drain the oil from the pan before starting step 3.



Finish the filling

- Add **Tex-Mex spice blend** and **tinned tomatoes** to the pan and cook, until fragrant, **1 minute**.
- Add the brown sugar and water and cook, stirring, until slightly thickened, 1-2 minutes.
 Season to taste.



Bake the quesadillas

- Arrange mini flour tortillas on a lined oven tray.
 Divide beef mixture among tortillas, spooning it onto one half of each tortilla, then top with shredded Cheddar cheese.
- Fold the empty half of each tortilla over to enclose filling and press down with a spatula.
 Brush or spray tortillas with olive oil and season.
- Bake quesadillas until cheese has melted and tortillas are golden, 10-12 minutes. Spoon any overflowing beef filling and cheese back into the quesadillas.

TIP: Place a sheet of baking paper and a second oven tray on top of the quesadillas if they unfold during cooking.

Little cooks: Kids can help fill and fold the quesadillas.

Custom Recipe: If you've doubled your shredded Cheddar cheese, follow the step as above.



Make the corn salsa

- Meanwhile, wipe out frying pan and return to high heat. Cook sweetcorn until lightly browned,
 4-5 minutes. Transfer to a small bowl.
- Add herbs and a drizzle of white wine vinegar and olive oil to the corn. Toss to combine and season to taste.

TIP: Cover the pan with a lid if the corn kernels are "popping" out.

Little cooks: Kids can help combine the ingredients for the salsa.



Serve up

- Divide Tex-Mex beef and bacon quesadillas between plates.
- Top with zingy corn salsa and Greek-style yogurt to serve. Enjoy!