

# Thai-Spiced Pork & Ginger-Coconut Rice with Broccoli & Crispy Shallots

TAKEAWAY FAVES



Prep in: 20-30 mins Ready in: 30-40 mins

It's a good thing this Thai dish is quick and easy to make because it smells so amazing as it cooks that it's tempting to eat it straight from the pan! But it's worth the wait, especially for the ginger-coconut rice which has got to be the tastiest accompaniment around.

MOD6

Pantry items

Olive Oil, Butter, Soy Sauce

Grab your Meal Kit with this symbol

## Before you start

Wash your hands and any fresh food

If you're cooking for 6, use the 2 people plus 4 people ingredients and cook meat and veggies in batches

#### You will need

Medium saucepan with a lid  $\cdot$  Large frying pan

#### Ingredients

	0 De suels	4 December
	2 People	4 People
olive oil*	refer to method	refer to method
butter*	20g	40g
ginger paste	1 medium packet	1 large packet
light coconut milk	<b>1 packet</b> (165ml)	1 packet (400ml)
water* (for the rice)	⅔ cup	1⅓ cups
basmati rice	1 packet	1 packet
baby broccoli	1 bag	1 bag
broccoli	1 head	2 heads
Asian greens	1 bunch	2 bunches
carrot	1	2
garlic	1 clove	2 cloves
pork loin steaks	1 packet	1 packet
sweet soy seasoning	1 sachet	2 sachets
salt*	1⁄4 tsp	½ tsp
water* (for the veggies)	2½ tbs	⅓ cup
sweet chilli sauce	1 medium packet	1 large packet
soy sauce*	½ tbs	1 tbs
crispy shallots	1 medium packet	1 large packet
*Pantry Items		

#### Nutrition

Avg Qty	Per Serving	Per 100g
Energy (kJ)	3193kJ (763Cal)	422kJ (101Cal)
Protein (g)	53.3g	7g
Fat, total (g)	29.5g	3.9g
- saturated (g)	22.4g	3g
Carbohydrate (g)	92.8g	12.3g
- sugars (g)	21.7g	2.9g
Sodium (mg)	1627mg	215mg

The quantities provided above are averages only.

## Allergens

Always read product labels for the most up-to-date allergen information.

Visit **hellofresh.co.nz/foodinfo** for allergen and ingredient information. If you have received a substitute ingredient, please be aware allergens may have changed.



## Cook the ginger-coconut rice

- In a medium saucepan, heat the **butter** with a dash of **olive oil** over medium heat. Cook **ginger paste** until fragrant, **1 minute**.
- Add **light coconut milk**, **water (for the rice)** and a pinch of **salt** and bring to the boil.
- Add basmati rice, stir, cover with a lid and reduce heat to low. Cook for 15 minutes, then remove pan from heat and keep covered until rice is tender and water is absorbed,
   10 minutes.

**TIP:** The rice will finish cooking in its own steam so don't peek!

**TIP:** Cover the pan with a lid if the ginger paste starts to spatter!



# Cook the pork

- When the rice has 10 minutes remaining, heat a large frying pan over high heat with a drizzle of olive oil.
- When oil is hot, cook pork, tossing, until browned and cooked through, 2-3 minutes. Transfer to a plate.



# Get prepped

- Meanwhile, halve any thicker stalks of **baby broccoli** lengthways.
- Cut **broccoli** into small florets, then roughly chop the stalk. Roughly chop **Asian greens**. Thinly slice **carrot** into rounds. Finely chop **garlic**.
- Slice pork loin steaks into 1cm strips.



# Flavour the pork

 In a medium bowl, combine sweet soy seasoning, a drizzle of olive oil and the salt. Add pork strips and toss to coat.



# Bring it all together

- Return the frying pan to medium-high heat. Cook
  baby broccoli, broccoli, carrot and water
  (for the veggies), tossing, until just tender,
  6-8 minutes.
- Add **Asian greens** and **garlic** and cook, stirring, until just wilted and fragrant, **2-3 minutes**.
- Add **sweet chilli sauce**, the **soy sauce** and **pork** (plus any resting juices) and toss until well combined.



## Serve up

- Divide ginger-coconut rice between bowls. Top with Thai-spiced pork, veggies and broccoli.
- Sprinkle with **crispy shallots** to serve. Enjoy!

We're here to help! Scan here if you have any questions or concerns 2023 | CW52

Rate your recipe Did we make your tastebuds happy? Let our culinary team know: hellofresh.co.nz/rate