

# Classic Roast Chicken & Peppercorn Hollandaise

with Mash & Prosciutto Greens

SPRING SPECIAL









Half Chicken

Grab your Meal Kit with this symbol







Potato



Baby Broccoli





Asparagus

**Black Peppercorns** 





Hollandaise

Prosciutto



Prep in: 25-35 mins Ready in: 50-60 mins

#### Before you start

Wash your hands and any fresh food

If you're cooking for 6, use the 2 people plus 4 people ingredients and cook meat and veggies in batches

#### You will need

Large frying pan · Oven tray lined with baking paper · Medium saucepan with a lid

# **Inaredients**

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	2 People	4 People
olive oil*	refer to method	refer to method
half chicken	1 packet	2 packets
Aussie spice blend	1 sachet	1 sachet
potato	2	4
baby broccoli	1 bag	1 bag
asparagus	1 bunch	2 bunches
black peppercorns	½ sachet	1 sachet
prosciutto	½ packet	1 packet
milk*	2 tbs	1/4 cup
butter*	40g	80g
hollandaise	1 packet	2 packets
parsley	1 bag	1 bag

<sup>\*</sup>Pantry Items

#### **Nutrition**

Avg Qty	Per Serving	Per 100g
Energy (kJ)	3305kJ (790Cal)	374kJ (89Cal)
Protein (g)	69.9g	7.9g
Fat, total (g)	38g	4.3g
- saturated (g)	21.8g	2.5g
Carbohydrate (g)	40g	4.5g
- sugars (g)	15.5g	1.8g
Sodium (mg)	1335mg	151mg

The quantities provided above are averages only.

# Allergens

Always read product labels for the most up-to-date allergen information.

Visit hellofresh.co.nz/foodinfo for allergen and ingredient information. If you have received a substitute ingredient, please be aware allergens may have changed.



#### Roast the chicken

- Preheat oven to 240°C/220°C fan-forced. Season half chicken with a good pinch of salt and pepper.
- In a large frying pan, heat a drizzle of **olive oil** over medium-high heat. Cook chicken, skin-side down, until browned, 5 minutes each side.
- Meanwhile, combine **Aussie spice blend** and a drizzle of olive oil in a small bowl.
- Transfer chicken to a lined oven tray, then top with spice mixture. Roast chicken until cooked through, 35-45 minutes. Set aside to rest, 5-10 minutes.

TIP: Chicken is cooked through when it's no longer pink inside.



# Finish the veggies

• Return the frying pan to medium-high heat with a drizzle of olive oil. Cook prosciutto until golden, 2-3 minutes. Transfer to bowl with the steamed veggies and toss to combine.



# Get prepped

- · While the chicken is roasting, bring a medium saucepan of salted water to the boil.
- Peel **potato** and cut into bite-sized chunks. Slice any large stalks of **baby broccoli** in half lengthways. Trim the asparagus.
- SPICY! Peppercorns can be spicy, use less if you're sensitive to heat! Crush black peppercorns (see ingredients) with a mortar and pestle, or in their sachet using a rolling pin.
- Roughly chop prosciutto (see ingredients).



# Cook the veggies

- Cook **potato** in the boiling water, over high heat, until easily pierced with a fork, 12-15 minutes.
- In the last **7 minutes** of cook time, place a colander or steamer basket on top, then add baby broccoli and asparagus.
- Cover with a lid, then steam until greens are tender and potatoes can be easily pierced with a fork, **6-7 minutes**. Transfer **veggies** to a bowl. Season, then set aside.
- When the **potato** is done, drain and return to the saucepan. Add the milk, butter and a generous pinch of salt. Mash until smooth. Cover to keep warm.



### Make the sauce

- Return the frying pan to medium heat with a drizzle of olive oil. Cook peppercorns until fragrant, 1 minute.
- Remove pan from heat, then stir through hollandaise and a splash of water. Season to taste with salt.



# Serve up

- · Slice chicken in half.
- · Divide mash and prosciutto greens between plates. Top with chicken and peppercorn hollandaise.
- Tear over **parsley** to serve. Enjoy!

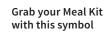




# Fluffy Sponge Cake & Berry Compote with Almonds & White Chocolate Ganache

CUSTOMER FAVOURITE

SPRING SPECIAL







Caster Sugar





Cream







Roasted Almonds

**Berry Compote** 



Prep in: 20-30 mins Ready in: 1hr-1hr 10 mins

There's always room for dessert, especially one that looks as lovely as this soft almond cake. Enjoy the taste of a spring afternoon with a berry compote on top and a decadent white chocolate ganache to add a special luxe touch.

**Pantry items** 

Butter, Eggs, Milk

#### Before you start

Wash your hands and any fresh food

If you're cooking for 6, use the 2 people plus 4 people ingredients and cook meat and veggies in batches

#### You will need

Medium loaf tin lined with baking paper · Kitchen scales · Electric beaters · Small saucepan

#### Ingredients

	2 People
butter* (softened)	200g
caster sugar	1 medium packet
eggs*	3
basic sponge mix	1 medium packet
milk*	⅓ cup
cream	½ packet (125ml)
white chocolate chips	1 medium packet
roasted almonds	1 packet
berry compote	1 medium packet

<sup>\*</sup>Pantry Items

#### **Nutrition**

Avg Qty	Per Serving	Per 100g
Energy (kJ)	2762kJ (660Cal)	1596kJ (381Cal)
Protein (g)	9.5g	5.5g
Fat, total (g)	41.2g	23.8g
- saturated (g)	24.7g	14.3g
Carbohydrate (g)	64.1g	37g
- sugars (g)	43.3g	25g
Sodium (mg)	573mg	331mg

The quantities provided above are averages only.

# Allergens

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# Get prepped

- Preheat oven to 180°C/160°C fan-forced.
- Grease and line the loaf tin with baking paper.
- Measure 200g **butter** and set aside at room temperature to soften. Measure 200g caster sugar.



#### Make the batter

- In a large bowl, add measured caster sugar and the softened **butter**. Beat with electric beaters until light and fluffy, **2-3 minutes**.
- Add the eggs and beat until smooth, 1-2 minutes.
- Using a spoon, fold in basic sponge mix and the milk until just combined.

TIP: Softened butter is easier to beat and helps your cake have a light texture!



#### Bake the cake

· Pour cake batter into the lined loaf tin. Bake for 45 minutes to 1 hour. Set aside to cool completely in the tin.

TIP: To check if the cake is done, stick a toothpick or skewer in the centre. It should come out clean.



# Make the ganache

- While the cake is baking, place white chocolate chips in a medium heatproof bowl.
- In a small saucepan, heat cream (see ingredients) over medium heat until just steaming, 1-2 minutes.
- Pour cream over chocolate, then stir until melted and combined. Refrigerate until thickened, 20-30 minutes.

**TIP:** You want the cream steaming but not boiling!



# Prep the toppings

- Meanwhile, roughly chop roasted almonds.
- · When the cake has cooled, remove white chocolate ganache from fridge.
- · Transfer cake to a serving plate.



# Serve up

- · Spread cake with white chocolate ganache and sprinkle with almonds.
- Slice cake and serve with **berry compote**. Enjoy!

