















Jasmine Rice





Carrot

Spring Onion





Shredded Cabbage



Ginger Paste



Hoisin Sauce



Soy Sauce

Prep in: 25-35 mins Ready in: 30-40 mins

If your first thought was that you've found treasure when you saw this rice popping with corn and sticky hoisin pork, then you're not alone. It's a wonder to behold and eat, with the gem of a fried egg on top, this really is a treasure we've uncovered.

Pantry items

Olive Oil, Butter, Plain Flour, Eggs

Before you start

Wash your hands and any fresh food

If you're cooking for 6, use the 2 people plus 4 people ingredients and cook meat and veggies in batches

You will need

Medium saucepan with a lid · Large frying pan

Ingredients

9		
	2 People	4 People
olive oil*	refer to method	refer to method
garlic	3 cloves	6 cloves
sweetcorn	1 tin	1 tin
butter*	20g	40g
water*	1¼ cups	2½ cups
jasmine rice	1 packet	1 packet
carrot	1	2
spring onion	1 stem	2 stems
pork loin steaks	1 packet	1 packet
plain flour*	½ tbs	1 tbs
shredded	1 bag	1 bag
cabbage mix	(150g)	(300g)
ginger paste	1 medium packet	1 large packet
hoisin sauce	½ packet	1 packet
soy sauce mix	1 packet	1 packet
30y 3ddCe IIIIX	(40g)	(80g)
eggs*	2	4

*Pantry Items

Nutrition

Avg Qty	Per Serving	Per 100g
Energy (kJ)	3191kJ (763Cal)	559kJ (134Cal)
Protein (g)	54.1g	9.5g
Fat, total (g)	19.3g	3.4g
- saturated (g)	8.2g	1.4g
Carbohydrate (g)	88.6g	15.5g
- sugars (g)	16g	2.8g
Sodium (mg)	1726mg	303mg

The quantities provided above are averages only.

Allergens

Always read product labels for the most up-to-date allergen information.

Visit hellofresh.co.nz/foodinfo for allergen and ingredient information. If you have received a substitute ingredient, please be aware allergens may have changed.



Make the corn rice

- Finely chop garlic. Drain the sweetcorn.
- In a medium saucepan, heat the butter and a dash of olive oil over medium-high heat. Cook sweetcorn until lightly browned, 4-5 minutes.
- Add half the garlic and cook until fragrant,
 1-2 minutes. Add the water and a generous pinch of salt and bring to the boil. Add jasmine rice, stir, cover with a lid and reduce heat to low.
- Cook for 12 minutes, then remove from heat and keep covered until rice is tender and water is absorbed, 10-15 minutes.



Get prepped

- Meanwhile, thinly slice carrot into half-moons.
 Thinly slice spring onion.
- Slice pork loin steaks into 1cm strips. In a medium bowl, combine pork, the plain flour and a pinch of salt and pepper.



Cook the veggies

- In a large frying pan, heat a drizzle of olive
 oil over medium-high heat. Cook carrot and
 shredded cabbage mix until tender,
 4-5 minutes.
- Add remaining garlic and cook until fragrant,
 1 minute. Season to taste. Transfer veggies to a bowl. Cover to keep warm.



Cook the pork

- Return the frying pan to high heat with a drizzle of **olive oil**. Cook **pork strips** in batches, tossing, until golden, **2-3 minutes**.
- Add ginger paste, hoisin sauce (see ingredients) and soy sauce mix, and cook until bubbling and slightly reduced, 1-2 minutes.
 Transfer to a bowl. Cover to keep warm.

TIP: Cooking the meat in batches over a high heat helps it stay tender.



Cook the eggs

 Wipe out the frying pan, then return to high heat with a drizzle of olive oil. When oil is hot, crack the eggs into the pan. Cook until egg whites are firm and yolks are cooked to your liking,
 4-5 minutes.



Serve up

- Divide corn rice and garlic veggies between bowls.
- Top with Vietnamese-style hoisin pork.
- Top with a fried egg and garnish with spring onion. Enjoy!

Little cooks: Add the finishing touch by sprinkling over the spring onion.



