

One-Pan Bacon & Creamy Mushroom Pasta

with this symbol

Grab your Meal Kit

with Parsley

WORLD PASTA DAY







Portabello Mushrooms





Soffritto Mix

Diced Bacon





Vegetable Stock

Seasoning



Penne



Parsley

Pantry items Olive Oil

Prep in: 15-25 mins Ready in: 35-45 mins

Calorie Smart* *Custom Recipe is not Calorie Smart When you make a wish it really does come true! We're granting the wish of a flavourful, easy-to-cook dinner, so with a wave of a wand (and only one pan) we give to you a creamy mushroom pasta, peppered with bacon and magic.

Before you start

Wash your hands and any fresh food

If you're cooking for 6, use the 2 people plus 4 people ingredients and cook meat and veggies in batches

You will need

Large saucepan (or deep frying pan) with a lid

Ingredients

9				
	2 People	4 People		
olive oil*	refer to method	refer to method		
portabello mushrooms	1 packet	1 packet		
baby spinach leaves	1 medium bag	1 large bag		
soffritto mix	1 packet (150g)	1 packet (300g)		
diced bacon	1 packet	1 packet		
garlic & herb seasoning	1 medium sachet	1 large sachet		
boiling water*	2 cups	4 cups		
vegetable stock powder	1 large sachet	2 large sachets		
penne	⅓ large packet	⅓ large packet		
cream	½ packet (125ml)	1 packet (250ml)		
parsley	1 bag	1 bag		
diced bacon**	1 packet	1 packet		

^{*}Pantry Items **Custom Recipe Ingredient

Nutrition

Avg Qty	Per Serving	Per 100g
Energy (kJ)	2669kJ (638Cal)	686kJ (164Cal)
Protein (g)	19.6g	5g
Fat, total (g)	40.8g	10.5g
- saturated (g)	20.1g	5.2g
Carbohydrate (g)	44.5g	11.4g
- sugars (g)	8.4g	2.2g
Sodium (mg)	1749mg	450mg

Custom Recipe

Avg Qty	Per Serving	Per 100g
Energy (kJ)	3254kJ (778Cal)	741kJ (177Cal)
Protein (g)	27.6g	6.3g
Fat, total (g)	52.9g	12.1g
- saturated (g)	24.5g	5.6g
Carbohydrate (g)	44.5g	10.1g
- sugars (g)	8.4g	1.9g
Sodium (mg)	2148mg	489mg

The quantities provided above are averages only.

Allergens

Always read product labels for the most up-to-date allergen information.

Visit hellofresh.co.nz/foodinfo for allergen and ingredient information. If you have received a substitute ingredient, please be aware allergens may have changed.



Cook the bacon & veggies

- Boil the kettle. Thinly slice portabello mushrooms. Roughly chop baby spinach leaves.
- In a large saucepan, heat a generous drizzle of olive oil over high heat. Cook mushrooms, soffritto mix and diced bacon, stirring, until bacon is lightly browned and veggies are just tender, 4-6 minutes.

Custom Recipe: If you've doubled your bacon, cook bacon and veggies in batches for the best results. Return everything to the pan before step 2.



Add the pasta

- Add garlic & herb seasoning to the pan and cook, stirring, until fragrant,
- Add the **boiling water** (2 cups for 2 people / 4 cups for 4 people), **vegetable** stock powder and penne (see ingredients). Stir to combine.
- Bring to the boil, then reduce heat to medium. Cover with a lid and simmer, stirring occasionally, until pasta is al dente, **12-14 minutes**.

TIP: 'Al dente' pasta is cooked through but still slightly firm in the centre.



Make it creamy

 Remove lid from pan, then stir through cream (see ingredients) and baby spinach. Simmer until slightly thickened and spinach is wilted, 1 minute. Season to taste.



Serve up

- Divide one-pan bacon and creamy mushroom pasta between bowls.
- Tear over **parsley** to serve. Enjoy!



