



# Mexican Crumbed Chicken & Corn Chip Slaw Bowl with Sour Cream

FRESH & FAST

Box to plate: 15 mins

Eat Me Early

Grab your  
Fresh & Fast  
Meal Kit



**Nutrition Per Serving:** Energy 3359kJ (803Cal) | Protein 43.7g | Fat, total 42.8g - saturated 14g | Carbohydrate 61.6g - sugars 11.1g | Sodium 1224mg  
The quantities provided above are averages only.

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2023 | WK26 | U





# Get ready

Remember to wash your hands for 20 seconds before you get cooking. You'll also need to give your fruit and veggies a wash.

## You'll need

(along with the basics)



Large Frying Pan

## From the pantry



Olive Oil



Salt & Pepper

## From the cool pouch

|                               | 2P           | 4P           |
|-------------------------------|--------------|--------------|
| Crumbed Chicken Breast Strips | 1 pkt        | 1 pkt        |
| Shredded Cabbage Mix          | 1 bag (150g) | 1 bag (300g) |
| Shredded Cheddar Cheese       | 1 pkt (40g)  | 1 pkt (80g)  |
| Sour Cream                    | 1 medium pkt | 1 large pkt  |

## Allergens

Always read product labels for the most up-to-date allergen information. Visit [hellofresh.co.nz/foodinfo](https://www.hellofresh.co.nz/foodinfo) for allergen and ingredient information. If you have received a substitute ingredient, please be aware allergens may have changed.

## 1. Chop



Cucumber



Radish

- Chop **cucumber** and **radish**



## 2. Sizzle



Crumbed Chicken Breast Strips



Tex-Mex Spice Blend

- Heat frying pan over medium-high heat with enough **olive oil** to coat base of pan. Cook **chicken** until golden and cooked through, **3-4 mins** each side
- In the last **minute** of cooking time, add **spice blend**, turning **chicken** to coat



## 3. Toss



Shredded Cabbage Mix



Mild Chipotle Sauce



Mayonnaise



Corn Chips



Shredded Cheddar Cheese



Sour Cream



Coriander

- In a large bowl, combine **cabbage mix**, **cucumber**, **radish**, **chipotle sauce**, **mayonnaise** and a drizzle of **olive oil**. Season
- Lightly crush **corn chips**
- Plate up **slaw** and top with **chicken**, crushed **corn chips**, **cheese** and **sour cream**.
- Tear over **coriander** to serve



## Rate your recipe

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